



MASSACHUSETTS
MEDICAL SOCIETY

ANNUAL MEETING

NANCY N. CARON

2024 Annual Member

Art Exhibit

Celebrating
25 Years of
Art Exhibits

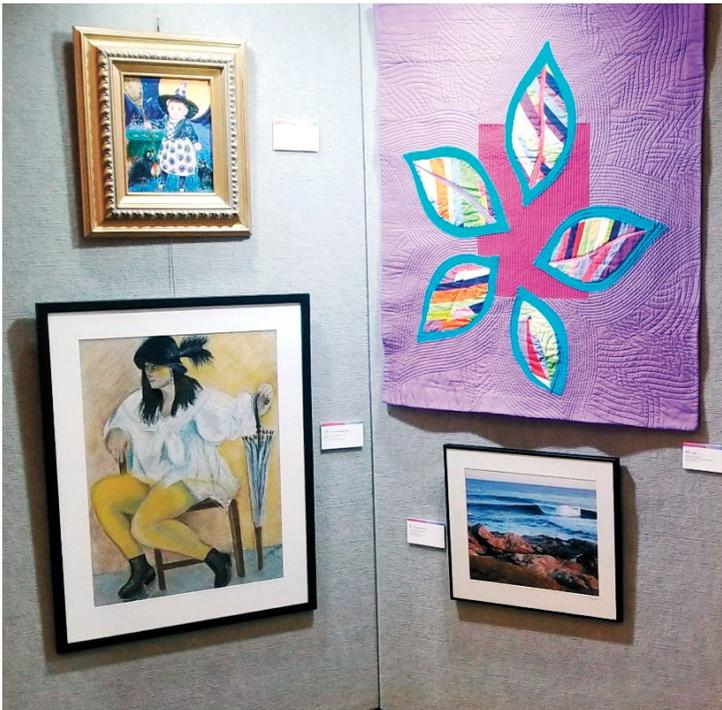
May 10, 2024
MMS Headquarters
860 Winter Street
Waltham, MA 02451-1411

Introduction

Welcome to the 2024 Nancy N. Caron Annual Member Art Exhibit.

The Arts, History, Humanism, & Culture Member Interest Network (AHH&C MIN) and the MMS are pleased to present the 2024 Nancy N. Caron Annual Member Art Exhibit. This year we are celebrating 25 years of Art Exhibits. This year's annual exhibit is special in that we are honoring the memory of the founding chairperson of the AHH&C MIN, Edward Amaral, MD. As Dr. Amaral envisioned, this exhibit provides a unique opportunity for members and their families to share their artistic talents in a variety of media.

Following are the artists' own words — words that offer insight into the inspiration for their works. We wish to extend our appreciation to all our participating artists and commend them on their artistic achievements. We hope you enjoy the various works, and we invite you to select your favorites among them.



1 Pill Box Cocktail Party (1 of 2)

Artist: Christopher Baker, MD

District: Charles River

Medium: Pencil, Ink, Watercolor, Gauche

Contact: chrisebaker52@gmail.com

2 Robotic Surgery (2 of 2)

Artist: Christopher Baker, MD

District: Charles River

Medium: Pencil, Ink, Watercolor, Gauche

Contact: chrisebaker52@gmail.com

I am currently an assistant professor of radiology at UMass Medical School. I started drawing cartoons about 20 years ago. My cartoons are inspired by a lifelong addiction to the art form. I have amassed a large library of printed cartoons from around the world, which is my ultimate resource and inspiration. I jury my creations with a small group of honest friends, collectively called the 'Wet Ink Club'. I love the medium for its synthesis of drawing, the written word, and timing. I am currently a contributing cartoonist to the *Worcester District Medical Journal* (quarterly), have had cartoons displayed at ACR, AUR, and MMS meetings, and my cartoons can be viewed at cartoonstock.com/cartoonists/christopherbaker. Making people laugh is my ultimate reward.



"I'm working remotely from home...I have a gallbladder, 2 appendectomys, a colon resection and playgroup at 3."

3 Stop Corporate Greed in Healthcare

Artist: Patricia Berger, MD

District: Norfolk

Medium: Acrylic on Paper

Contact: patberger@yahoo.com

My goal in painting this poster is to illuminate the destructive influence of corporate greed in our health care system and sound a critical alarm! Our health care system has been commandeered by health insurance corporations that add fees and deny care, Big Pharma profiteers, and Big Hospital chains taking over community hospitals. In addition, private equity companies are buying up private practices and hospitals, cutting vital services to amass enormous profits (like Steward)! The answer is a Single Payer, Medicare for All health care system that is for the people and by the people!

4 My 1973 Jag XJ6

Artist: Hubert Caplan, MD

District: Charles River

Medium: Photograph

Physicians are trained to study, document, and share what we see. For over 70 years, photography has provided me with a suitable and useful way to do this, as well as satisfy my artistic and creative needs while being able to share with others. Enter my life, a handsome 1973 XJ6 Jaguar sedan. This relationship turned out to be a relatively short one. Replete with problems. The car was a lemon; the engine had not properly been broken in originally; subsequently, parts especially convenience- and safety-related, were very hard to obtain, and government (British) intervention occurred. It was a virtual operative saga that ended in my "partner" Jag. Being totaled in an MVA a few years later at the hands of a close relative. Nothing remains but a photographic image of my Jaguar, ever ready to lunge, displayed on "Well Field" in Harrison, Maine.

5 Maple One (1 of 2)

Artist: Zen-Jay Chuang, MD

District: Norfolk South

Medium: Watercolor

Contact: zenja6777@gmail.com



6 Maple Two (2 of 2)

Artist: Zen-Jay Chuang, MD

District: Norfolk South

Medium: Watercolor

Contact: zenja6777@gmail.com

Zen-Jay, a family doctor who loves and thrives in nature, wants to share with the viewers of his watercolor art the beauties and mysteries he finds in the world.

7 Sunrise Shadow Bonding

Artist: Alan Drabkin, MD

District: Norfolk

Medium: Photograph

Contact: drabkin.alan@gmail.com

During her summer family vacations with us in Eastham, my granddaughter (7) and I developed a special relationship. Beginning when she was not yet 3, we spent the early morning hours together while all the family slept. We go on "adventures" to local favorite places. Here we are wandering at sunrise at the magical low tide in Cape Cod Bay. Where is the camera?

8 Cosmos

Artist: Jack Evjy, MD

District: Middlesex North

Medium: Oil on Canvas

Flowers are one of the most beautiful things that life gives us. They are here for such a short time, but while they exist, they call out to be made almost eternal through the medium of oil on canvas. They then become ours to enjoy for all our lives.

9 My Mother's Antique Cabinet (1 of 2)

Artist: Jessica Farzan

District: Worcester Medical Student

Medium: Acrylic Paint

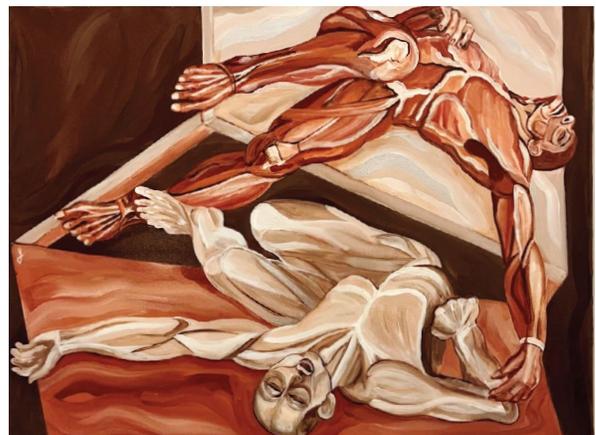
10 White and Red Muscle (2 of 2)

Artist: Jessica Farzan

District: Worcester Medical Student

Medium: Acrylic Paint

My journey with art commenced at an early age, taking classes at Essex Art Studio in Lawrence, Massachusetts. My early fascination with art blossomed through experimentation with different media. Most of my work has been inspired by my mother's appreciation for and collection of antique art pieces. I enjoy creating intricate pieces with precise details, symmetry, and clean lines. My passion for art has intertwined with my medical education, helping me learn human anatomy. It is also my outlet from the world of medicine and allows me to access an entirely different part of my brain. Translating visual information into skilled motor movements and achieving precise color matching through paint mixing are stimulating challenges that art presents to me.



11 Bridge of Sighs, Cambridge (1 of 2)

Artist: Annie Geiger
District: Worcester Medical Student
Medium: Ink on Canvas

12 Love in the Time of COVID (2 of 2)

Artist: Annie Geiger
District: Worcester Medical Student
Medium: Pencil and Ink on Paper

These drawings were inspired by my time in graduate school at the University of Cambridge in the UK. I first saw the Bridge of Sighs while punting on the river Cam. The iconic view of the bridge is not easily accessible by land, which made catching sight of it more special. The second drawing captures two people embracing at the Fitzwilliam Museum in Cambridge. I have always loved drawing. While I was originally primarily interested in portraiture, in recent years I have ventured into drawing architectural landscapes. I think of art as a practice.



13 Take Off

Artist: Rose Goldman, MD
District: Norfolk
Medium: Photograph
Contact: rgoldman@challiance.org

I love observing and photographing nature, particularly birds. The warblers are colorful, small, energetic birds who migrate through our Boston area in spring. I was so fortunate to catch a shot of this yellow warbler as it took off from a branch — a wonderful way for spring to take off for me.



14 Thoughts and Memories

Artist: Janet Kawada
District: Spouse of Middlesex District Member
Medium: Fiber Drawing/Collage
Contact: jkawada@usa.net

Janet has a lifelong love of fiber arts. Being taught by her grandmother to sew, knit, crochet, embroider, etc., as a child, she was never without knitting needles or needles and thread all through her early and teenage years. She then embarked on a journey as a professional quilter for about 10 years in her 20s. Although she spent her childhood years at museums with her mother, Charlotte Lockwood, looking at art, she was self-taught and, in her 30s, decided to go to art school. Janet studied at MassArt, graduating with a BFA in fibers, and attended Vermont College, earning an MFA in Visual Art. Janet taught at Mass Art for 25 years in the fibers area of the 3DFA Department, retiring in 2017 and also at the New England School of Art and Design. She was a member of the Kingston Gallery from 1998 to 2014 where she was a director for four years.

15 Floating Away

Artist: Danielle Li

District: Worcester Medical Student

Medium: Acrylic on Canvas

Contact: danielle.li5@umassmed.edu

Danielle Li, BA, is a third-year medical student at UMass Chan Medical School. She has an undergraduate degree in art practice, specializing in oil and acrylic painting. This year, after experiencing complicated and often unresolved feelings while caring for patients with chronic illnesses, she has turned to painting to explore and to meditate on her emotions.



16 Resilience — “Krummholz” (1 of 2)

Artist: Arul Mahadevan, MD

District: Essex South

Medium: Block Print on Paper

COVID-19–related turmoil in health care reminded me of the importance of resilience in the face of uncertainty. I connected with nature and embarked on hiking the New Hampshire four thousand footers as a physiological and psychological exercise (shinrin-yoku — forest bathing). The two-block prints on paper were inspired by my observations of alpine and fall vegetation during my exploration of the White Mountains in New Hampshire. This is a form of stunted, deformed vegetation found in alpine landscapes, shaped by continual exposure to fierce, freezing winds.

17 Resilience — “Living Fossil” (2 of 2)

Artist: Arul Mahadevan, MD

District: Essex South

Medium: Block Print on Paper

Ginkgo biloba is a species of gymnosperm tree native to East Asia. It is the last living species in the order Ginkgoales, which first appeared over 290 million years ago, and its fossils are very similar to the living species. Fossils attributed to the genus *Ginkgo* first appeared in the Middle Jurassic epoch approximately 170 million years ago. The species survives to this day in central China (now cultivated widely across the globe).

18 Pillars of Creation

Artist: Mario Motta, MD

District: Essex South

Medium: Astrophotography

Contact: drmariomotta@gmail.com

I have long sought out inspiring views of our universe with my homemade telescope. This is the “pillars of creation” in the Eagle Nebula. The central pillars were made famous by the Hubble telescope when it was first launched. They are dense gaseous clouds being eroded by the star cluster in the upper right and have new star formation in the core of the clouds, hence the term “pillars of creation.”



19 Ganesha (1 of 2)

Artist: Rekha Quazi, MD
District: Middlesex North
Medium: Watercolor
Contact: quazi.rekha@gmail.com

This is a depiction of a Hindu God who is known for the removal of all obstacles and hence used prior to all important tasks. I made this one last year for my daughter's wedding invite.

20 Ballerina (2 of 2)

Artist: Rekha Quazi, MD
District: Middlesex North
Medium: Watercolor
Contact: quazi.rekha@gmail.com



21 Dr. Eric on Rounds

Artist: Eric Reines, MD
District: Essex South
Medium: Textile

I doodled a note to Iris. She liked the design. Mary invited us to a rug art place. Voila.

22 Thinking Out Loud

Artist: Chhavi Saini, MD
District: Suffolk
Medium: Acrylic
Contact: chhavi_saini@meei.harvard.edu

There are many paths to truth: science, religion, art. Now that I'm in my 70s, my self-consciousness has waned, and my essential tremor has waxed enough that art can be just plain fun.

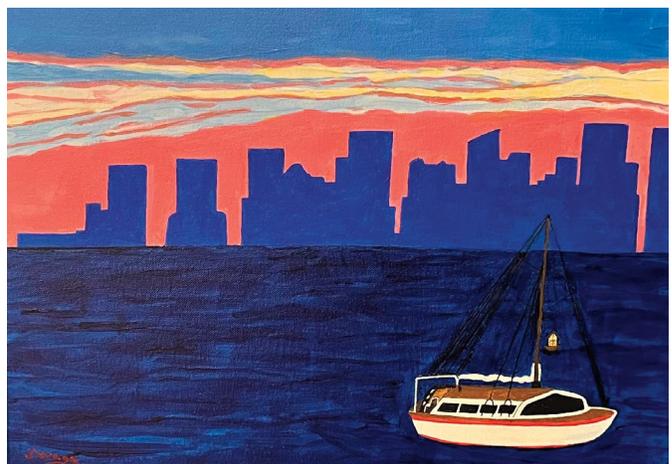
25 Boston Winter (1 of 2)

Artist: Robert Savage, MD
District: Norfolk
Medium: Acrylic
Contact: wellesleycollection@yahoo.com

26 Twilight Boston Harbor (2 of 2)

Artist: Robert Savage, MD
District: Norfolk
Medium: Acrylic
Contact: wellesleycollection@yahoo.com

Dr. Robert Savage is a retired surgeon and assistant clinical professor at Harvard Medical School. He started a second career in 2016 as an art historian and is now an artist. He is inspired by the Cape Cod art tradition of the Cahoon's, and the Provincetown/Truro paintings of Anne Packard and Edward Hopper. His work concentrates on iconic scenes of New England, especially the Cape and Islands. During his process, he enjoys experimenting with different shape and color experimentation. His latest project is transforming early 20th-century works by the Provincetown Printers into what he refers to as "white line" acrylics.



27 Quechee Rowing (1 of 2)

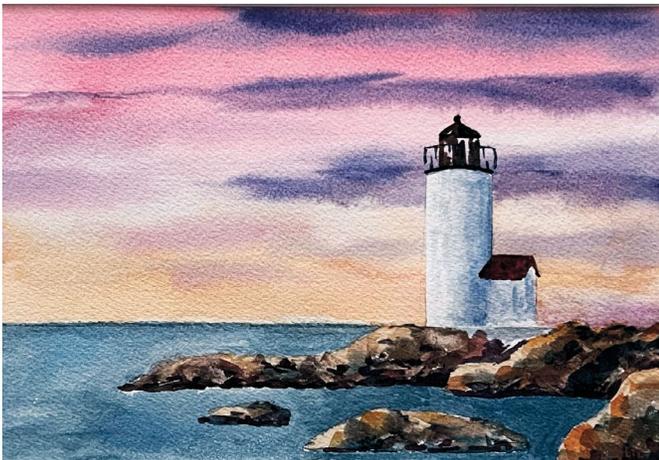
Artist: Leslie Shaff, MD
District: Suffolk
Medium: Oil on Canvas



28 Golden Hour (2 of 2)

Artist: Leslie Shaff, MD
District: Suffolk
Medium: Watercolor on Paper

"I find the process of painting both relaxing and therapeutic. For me, painting helps reduce stress levels by allowing me to immerse myself fully in the present moment. And in doing this, I leave something of myself to posterity."



29 Walk in the Snow (1 of 2)

Artist: Manjul Shukla, MD
District: Worcester
Medium: Watercolor

This is a painting of me walking in the snow with my husband.

30 Lonely Bird (2 of 2)

Artist: Manjul Shukla, MD
District: Worcester
Medium: Watercolor

I love to feed birds every day; watching birds is so calming.

31 Where's My Milk? (1 of 2)

Artist: Stephanie Stephanie, MD
District: Worcester
Medium: Oil on Canvas
Contact: stephanie9stephanie@gmail.com

32 Pensive (2 of 2)

Artist: Stephanie Stephanie, MD
District: Worcester
Medium: Oil on Canvas
Contact: stephanie9stephanie@gmail.com

Born in Indonesia, Stephanie grew up with foster families in a very vibrant and multicultural country, Singapore, due to the ongoing war in her home country. She spoke three different languages by the age of 7 and has used art as her unified language of expression. She then immigrated to Australia to live with her birth family for her high school years. At the young age of 16, Stephanie moved to Austin, Texas, where she pursued her medical degree. She graduated Summa Cum Laude with High Honors from the University of California at Berkeley despite all the challenges of living in the United States with no family to help. Her perseverance, strength, and style can be seen in all her recent artwork, which started exploding while she was in medical school. Her inspiration comes from her struggles and gratitude for the people, mentors, and relationships she has built, and are still evolving, along the way.

33 Island Girl (1 of 2)

Artist: Anna Viadero
District: Franklin Alliance
Medium: Fabric, Paint, and Hand Stitch
Contact: aviadero@yahoo.com



34 Chinese Lanterns (2 of 2)

Artist: Anna Viadero
District: Franklin Alliance
Medium: Fabric, Paint, and Hand Stitch
Contact: aviadero@yahoo.com

I joined a group of hand-stitch artists from the UK during the pandemic and this work was inspired by workshops I took with them.



35 Searching the Heavens — Very Large Array (1 of 2)

Artist: James Wang, MD
District: Hampden
Medium: Photograph
Contact: wanbee@yahoo.com

36 Barred (2 of 2)

Artist: James Wang, MD
District: Hampden
Medium: Photograph
Contact: wanbee@yahoo.com

Nature's beauty is as powerful as a fleeting storm over the desert and as sublime as reflections in an owl's eyes. Looking at the world through a camera lens, I see things differently, hoping to capture the essence of a creature or scene that preserves a singular moment in time.



Memorial

Edward J. Amaral, MD, passed away on October 13, 2023. He had been a dedicated member of the Worcester District and of MMS for 57 years. He served in many capacities with the Medical Society and participated in many committees with colleagues he admired and respected as they did him. In 1999, Dr. Amaral became the founding chairperson of the newly created Arts, History, Humanism, & Culture Member Interest Network (AHH&C MIN) of the Massachusetts Medical Society. His collegiality, collaborative spirit, affability, and sense of humor created an environment in which the MIN flourished. Under his leadership, multiple programs of varied nature, from bird watching to gardening to artistic performances for MMS members, were put into place each year. As chairperson, he was instrumental in the inauguration of the Nancy N. Caron Art Show, an event held each year at the Annual Meeting of the Massachusetts Medical Society. Additionally, as an artist in the medium of stained glass, he shared his works for display at these annual exhibits. He also contributed several of his stained glass works to both the MMS and the Worcester District Medical Society. Dr. Amaral will be missed by all of us who had the opportunity to serve with him on the MINs and by those who experienced his friendliness and warmth.



Arts, History, Humanism, and Culture Member Interest Network 2023–2024

Robert W. Sorrenti, MD, Chair, Worcester

Janet Stiles, MD, Vice Chair, Middlesex Central

Cynthia Brown, MD, Essex South

Zen-Jay Chuang, MD, Norfolk South

James C. Liu, MD, Middlesex

Dale Magee, MD, Worcester

Caitlin Craft-Hacherl, Resident, Norfolk

Oseiwe (Benjamin) Eromosele, Resident Alternate, Suffolk

Annie Geiger, Medical Student, Worcester

Priya Desai, Medical Student Alternate, Suffolk

Cathy Salas, Manager MMS, Staff Liaison

Julie Frodema, MMS Staff Assistant

