







# **2017 ANNUAL REPORT**

Supporting Physicians, Patients, and Communities







Massachusetts Medical Society and Alliance Charitable Foundation

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#### HISTORY

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a notfor-profit 501(c)(3) organization, is a mechanism for consolidating the MMS's charitable giving to the community into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

#### MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

### TABLE OF CONTENTS

Message from the Chair	.1
Partnership	.2
2017–2018 Regional Grants	.5
International Health Studies Grantees1	IC
Supporters and Tributes1	12
Financials 1	16



Massachusetts Medical Society and Alliance Charitable Foundation 860 Winter Street, Waltham, MA 02451-1411 (800) 322-2303, ext. 7044 | www.mmsfoundation.org

# Message from the Chair



Dear Friends and Colleagues,

The Massachusetts Medical Society and Alliance Charitable Foundation is very excited to share with you highlights of what we have been able to accomplish this past year, because of the financial support and continued commitment from our donors to our mission of supporting physicians, patients, and communities.

The Foundation is proud to support physician-led volunteer initiatives that provide free care to uninsured patients and increased access to care for the medically underserved, as well as supporting organizations that provide case management services, behavioral health services, and prevention interventions to vulnerable populations across Massachusetts.

By investing in physicians and the communities they serve, we have helped to leverage their knowledge and leadership, as well as fill a major gap in care and services in the Commonwealth.

In these uncertain times, when our government has proposed limiting patient access to appropriate health care, which would disproportionately impact the underserved and the most vulnerable among our communities, the Foundation remains committed and your continued support is needed more than ever.

Together, I know we will continue to better the health and lives of the people throughout the Commonwealth by supporting physicians, patients, and communities.

— Corey E. Collins, DO, FAAP

## **Partnership**

ince May 2000, the Massachusetts Medical Society has been in educational and service partnership with the Boston Chapter of the Albert Schweitzer Fellowship Program. Each year the Foundation grants the program \$25,000 to help support medical student fellows who create and implement 200-hour health-related community service projects to address unmet health needs in local, underserved communities. In addition to their service projects, fellows participate in structured leadership development activities throughout the year. A summary of the outcomes and achievements of the 2016–2017 Boston Schweitzer fellows follows:



## Iman Berrahou

Harvard Medical School

Community Site: Boston Alliance for Gay, Lesbian, Bisexual, and Transgender Youth, Boston

Berrahou addressed disparities in cervical cancer screening rates for LGBTQ people by creating a film project and medical curriculum to increase education and awareness. The film, entitled We Are Not a Monolith: LGBTQ Perspectives on Cervical Health, featured powerful stories from community members describing both positive and negative experiences with cervical cancer screening, as well as interviews with providers sensitive to the needs of LGBTQ people. Ultimately, the project aimed to inspire improvements in the way LGBTQ people receive cervical cancer screening and health care.



#### Amanda Bilski

Tufts University School of Medicine, Department of Public Health and Community Medicine

Community Site: Little Brothers — Friends of the Elderly, Jamaica Plain

Bilski addressed social isolation among lowincome seniors in the South End of Boston by creating a weekly enrichment program for residents of a Boston Housing Authority subsidized housing site. This program provided organized activities for residents struggling with social isolation to reduce cultural barriers and cultivate a community with the ultimate goal of improving quality of life.

# **Partnership**





### **Emily Geldwert**

Tufts University School of Medicine, Department of Public Health and Community Medicine

Community Site: Lynn Community Health Center, Lynn

Geldwert supported the design and implementation of a shared medical visit group for those seeking substance use treatment in the greater Lynn community through a partnership at Lynn Community Health Center. With a demand for treatment that far exceeds available services, creative community-based solutions are needed to address care for those with substance use disorders. Beyond expanding treatment availability, this project collaborated with patients and the entire care team with the goal of improving retention and satisfaction.

#### **Madeline Wetterhahn**

Tufts University School of Medicine, Department of Public Health and Community Medicine

Community Site: La Alianza Hispana, Roxbury

Wetterhahn addressed barriers to maternal and infant health in Roxbury by establishing a prenatal group and home visiting program with La Alianza Hispana. The program provided peer support, essential pre- and postnatal education, and assistance accessing maternal health and ancillary services and resources. The services and objectives of this program are being continued and expanded by TUSM students, including: assistance accessing MassHealth's free breast pump, WIC benefits, a bilingual phone application with due-date specific information, assistance with housing applications, and connections to accessible off-site health care for undocumented participants.

**66** With little reason and much heart, one can change many things, or move mountains."

- Albert Schweitzer (1875–1965)

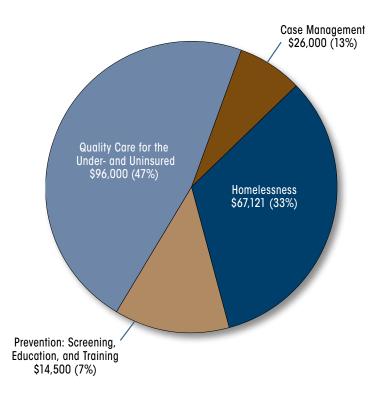




his year, we supported 20 organizations for a total of \$203,621. These organizations help communities across the Commonwealth address current health issues while also improving health on a communitywide level. Our grantees this year include opioid addiction recovery support programs, mobile clinics, homeless health care, case management services, and so much more. We are proud to share more information about these organizations in the following pages as they assist with our mission to support physicians, patients, and communities across Massachusetts.

# BREAKDOWN BY TOPIC OF FUNDED PROJECTS — FY 2017

Total: \$203,621



The Foundation made a significant impact in the Northeast Region, supporting 12 organizations for a total of \$105,121.

#### NORTHEAST REGION

#### Boston Health Care for the Homeless — \$25,000

To support the expansion of BHCHP's Supportive Place for Observation and Treatment (SPOT) program, an accessible and non-threatening source of care for vulnerable men and women who are at risk of overdose or harm from over-sedation, to include evening hours.

#### Greater Lawrence Family Health — \$10,000\*

To support the start-up of Group Well-Child Visits at the center, which will include routine well-child care and education for the parents.

#### Hearth, Inc. — \$10,000

To support a part-time Substance Abuse Counselor to offer services on-site to Hearth residents as well as clients of the Outreach Program.

#### The Family Van — \$10,000

To support the training of an ambassador who will work to promote health care access and health equity in the community.

#### The Sharewood Project — \$10,000

To support this entirely student-operated clinic, supervised by volunteer physicians, to provide free health care services to vulnerable populations.

#### Boston University Outreach Van Project — \$9,000\*

To support the Outreach Van Project's clinical outreach and community education initiatives.

continued on next page



<sup>\*</sup>Indicates first-time grant from the Foundation.



#### NORTHEAST REGION (CONTINUED)

#### Massachusetts General Hospital — \$7,121\*

To support the Emergency Medicine Residency's project to confront homelessness, substance use disorder, and barriers to care in the ED.

#### Gavin Foundation — \$6,000

To support the Enrollment Assistance Support and Information Project, which enables uninsured individuals and their families struggling with addiction to access health insurance coverage for addiction and mental health treatment services.

#### Life Connection Center — \$6,000\*

To support the Homeless Health Education and Healthy Meals Project.

#### Cotting School — \$5,000\*

To support the Seamark Vision Clinic, one of only a few clinics in Massachusetts with the specific technology and expertise to provide proper vision assessments to children with complex disabilities.

#### Rosie's Place — \$5,000

To support the Community Health Outreach Worker and Wellness Center Program.

#### Latino Medical Student Association at BU School of Medicine — \$2,000\*

To support the Annual Health Fair, which provides free health care screening, consultation, and education to a primary underserved Latino population in East Boston.

<sup>\*</sup>Indicates first-time grant from the Foundation.

Four organizations in the Southeast received grants for a total of \$45,500.

#### **SOUTHEAST REGION**

#### Father Bill's & MainSpring — \$15,000

To support the MainSpring Outreach Project which breaks down barriers to health care and provides coordinated services to homeless individuals in the Greater Brockton area.

#### Community Health Center of Cape Cod — \$10,000

To support the partnership with MAVEN Project to provide tele-optometry and tele-dermatology services to vulnerable residents of Cape Cod.

#### Interfaith Social Services — \$10.000\*

To support the New Directions Counselling Center, which serves as a safety net for the uninsured and underinsured members of the community and provides therapy and counseling services to families and individuals.

#### HealthCare Options, Inc. — \$10,000\*

To support the Elder Dental Program, which provides affordable oral health care to low-income seniors who do not have dental insurance through a network of community dentists who volunteer to provide care at drastically reduced, sliding-scale fees.

continued support of the volunteers in the local dental community, we are able to increase awareness of the importance of quality, affordable oral health care for all elders in our community."

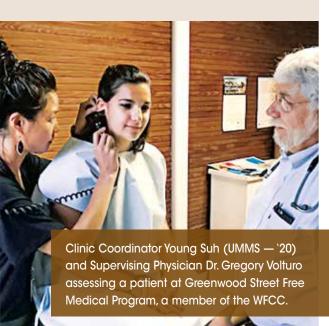
— The Elder Dental Program



<sup>\*</sup>Indicates first-time grant from the Foundation.

delivered a strong message to the Hampshire County community of support, understanding, and healing for those struggling with opioid abuse and addiction."

Cooley Dickinson
 Opioid Initiative



# 2017–2018 Regional Grants

Four organizations in the West Central Region received grants for a total of \$53,500.

#### WEST CENTRAL REGION

#### Amherst Survival Center — \$16,000

To support the continued operations of the Free Health Clinic by supporting clinic personnel, its Health Needs Fund, and its Project HungeRX.

#### Volunteers in Medicine Berkshires — \$15,000

To support the organization-wide screening for social determinants of health, which includes working with patients to connect them to relevant services, track and follow up patient referrals, and to work within the community to identify additional services.

#### Cooley Dickinson Health Care — \$12,500\*

To support year one of a two-year coordinated, organization-wide approach to prevent and treat opioid use in Hampshire County.

#### Worcester Free Clinic Coalition - \$10,000\*

To support the Coalition's referral project and equipment improvement plan at the five clinics in the Worcester Free Clinic Coalition, providing high-quality, free medical care and case management to uninsured and underinsured patients in the Greater Worcester area.

<sup>\*</sup>Indicates first-time grant from the Foundation.

## International Health Studies Grantees

his past year marks the 16th consecutive year that the Foundation has awarded International Health Studies grants. The program began in Fiscal Year 2002, with 4 annual grants totaling \$3,000 and has continuously grown to the past year awarding 10 grants totaling \$17,000. Eighty-four individuals have received this honor for a total investment of \$103,900.

### **Medical Students**

Five medical students received grants totaling \$7,000 to help offset the travel costs of their international education focusing on underserved populations.

Name of Grantee	Medical School	Travel Location			
Wenqi Feng	Boston University School of Medicine	Riobamba, Ecuador			
Feng plans to go into psychiatry and work with underserved patients in the future, with a specific interest in global health and overcoming the challenges of psychiatric care in rural, resource-poor populations.					
Elena Hill	Tufts University School of Medicine	Vellore, India			
Hill plans to go into family medicine and primary care, focusing on underserved populations. She is committed to looking at ways to improve primary care delivery to diverse and complex populations.					
Joseph Kahan	Tufts University School of Medicine	Artibonite Valley, Haiti			
Kahan plans to go into orthopedic surgery. His interest is global health and surgery and improving surgical care in limited resource settings. He also has a degree in public health.					
Wilfredo Matias	Harvard Medical School	San Juan Sacatepéquez, Guatemala			
Matias' goal is to pursue a career in academic medicine that will allow for the care of patients, while continuing to advance the field of global health delivery and research.					
Leah Wibecan	Harvard Medical School	Buenos Aires, Argentina			
Wibecan plans to pursue a career in pediatric neurology, with a focus on global health.  She hopes to reduce the burden of childhood neurological disorders and work to ensure access to health care resources.					



## International Health Studies Grantees

## **Residents**

Five resident physicians received grants totaling \$10,000 to help offset the travel costs of their international training focusing on underserved populations.

Name of Grantee	Residency Program	Travel Location	
Tejumola Adegoke, MD	OB/GYN Resident at Boston Medical Center	Scottish Livingstone Hospital Molepolole, Botswana	
Daniela Buscariollo, MD	Radiation and Oncology Resident at Harvard	Gaborone Private Hospital Gaborone, Botswana	
Chelsea McGuire, MD	Family Medicine Resident at Boston University	Motebang Hospital Hlotse, Lesotho	
Altaf Saadi, MD	Neurology Resident at Massachusetts General Hospital and Brigham and Women's	Muhimbili National Hospital Dar es Salaam, Tanzania	
Diane Smith, MD	Family Medicine Resident at Lawrence Family Medicine	Baptist Medical Centre Nalerigu, Ghana	

Thank you for your support of the Foundation through your philanthropic gifts from June 1, 2016, to May 31, 2017.

## **Visionary** (\$10,000 OR MORE)

Massachusetts Medical Society

Physicians Insurance Agency of Massachusetts

### **Humanitarian** (\$5,000 TO \$9,999)

Norfolk South District Medical Society

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We have made every effort to properly recognize our generous donors. If we have made an error, we apologize.

Please contact us so we can correct our records.



### **TRIBUTES**

The Foundation is pleased to accept contributions recognizing a special occasion in the lives of family, friends, and colleagues. We are honored to recognize these gifts.

In memory of Helen Babaian
William L. Babaian, MD

In memory of Joe and Rose Broderick
Susan H. Webb

In memory of Edward B. Gray, MD Mary Fran Gray

In memory of Kenneth J. Hill MMS Alliance

In memory of Nasir Khan, MD Hubert I. Caplan & Raynor D. Caplan

In memory of Elaine Kirshenbaum
Mark & Jane Sherman

In memory of William E. Poplack, MD Phyllis & Martin Kornguth

In memory of her father, James L. Tullis, MD
Virginia T. Latham, MD

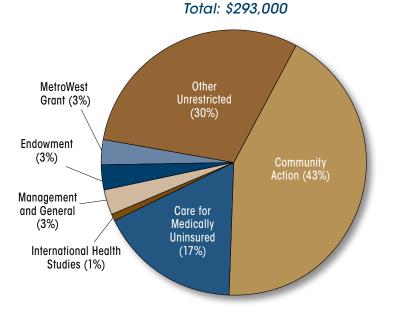
In memory of James M. Young, MD Mariette Aubuchon Young

If you would like to honor someone by making a gift to the Foundation, please call (781) 434-7044.

Health Care Without Walls received \$20,000 from the Foundation in April 2016 for its Bridges to Moms pilot program, which seeks to improve health outcomes among homeless pregnant women. Here you see one of the first clients and her healthy baby girl.

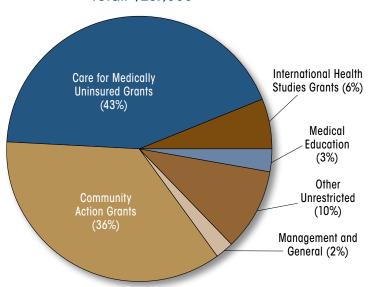
## **Financials**

## CONTRIBUTION REVENUE — FISCAL YEAR 2017



### **EXPENSES — FISCAL YEAR 2017**

Total: \$257,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100 percent of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.



Thank you to the artists and organizations that donated items for our silent auction, held in conjunction with the Nancy N. Caron Annual Member Art Exhibit, on Thursday, April 27, 2017. And a special thanks to the winning bidders for their generous support of the work of the Foundation, raising \$4,660 for our grant-making activities.



## **Financials**

Statement of Revenues and Expenses and Changes in Net Assets for the Fiscal Year Ended May 31, 2017 Statement of Activities: June 1, 2016, to May 31, 2017 (audited)

REVENUE*	2016	2017
Contributions		
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	3	3
Management and General	8	8
Endowment	14	9
MetroWest Grant	0	10
Other Unrestricted	94	88
Total Contributions	295	293
OTHER REVENUE*	2016	2017
Unrestricted Investment Activity	(11)	106
Endowment Investment Activity	(3)	91
Total Revenues	281	490
EXPENSES*	2016	2017
Community Action Grants	96	94
Care for Medically Uninsured Grants	117	110
International Health Studies Grants	14	15
Medical Education	0	8
Other Unrestricted	25	25
Management and General	6	6
Total Expenses	258	257
Excess of Revenues over Expenses	23	233
Net Assets, Beginning of Year	1,710	1,733
Net Assets, End of Year	1,733	1,966

<sup>\*</sup>In thousands of dollars





Massachusetts Medical Society and Alliance Charitable Foundation

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