

**2018 Northeast Regional Conference**  
 October 18 – 20, 2018  
**Understanding the Changing Face of Medicine**  
 Sponsored by the Massachusetts Medical Society Alliance



Join your colleagues for an impactful 3-day conference focusing on the changing world of healthcare. Day One will feature an educational program addressing the crisis of burnout and steps that can be taken to improve the well-being of health care professionals and their families! On Day Two we will hear from experts about the political landscape of medicine at the federal and state level. Day Three wrap up will provide an opportunity to learn about special national and state alliance initiatives. Throughout the 3 days there will be ample time for networking with colleagues and enjoying the history that Massachusetts has to offer.

**Thursday, October 18, 2018**

***Recognizing Burnout in the Medical Profession: Intervention and Prevention***

**Jointly provided by the Massachusetts Medical Society Alliance and the Massachusetts Medical Society**

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|---------|---|
| 12:30pm | <b>Registration</b>   |
| 1:00pm  | <b>Welcome</b><br>Sandra Delgado, RN<br>President, Massachusetts Medical Society Alliance   |
| 1:05 pm | <b>The Underlying Issues of Physician Burnout</b><br>Alain Chaoui, MD<br>President, Massachusetts Medical Society   |
| 1:30pm  | <b>Embracing Uncertainty to Alleviate Burnout: Lessons from the Frontline</b><br><i>Arabella Simpkin, MD</i><br>Associate Director<br>Center for Educational Innovation and Scholarship<br>Massachusetts General Hospital |
| 2:15pm  | <b>BREAK</b>  |
| 2:30pm  | <b>How using SBIRT (Screening, Brief Intervention, Referral to Treatment) identify dependency</b><br><i>Donna Zucker, RN, MS, PhD, FAAN</i><br>Associate Dean for Academic Affairs<br>UMass Amherst College of Nursing    |
| 3:00pm  | <b>Effective burnout prevention program for Residency and Fellowship trainees</b><br><i>Amy Vinson, MD, FAAP</i>  |

*Boston Children's Hospital*

3:45pm

**Panel**

4:15pm

**Networking Reception**

**Friday, October 19**

**Sponsored by the Massachusetts Medical Society Alliance**

9:30am

**Continental breakfast**

9:35am

**Welcome back**

Sandra Delgado, RN

President, Massachusetts Medical Society Alliance

9:40am

**AMAA Alliance Update/New Initiatives**

*Cami Pond, AMA Alliance President*

10:15am

**Federal Initiatives**

*Alex. Calcagno, Director, Advocacy Government & Community Relations*

10:45am

**Local State Issues**

*Brendan Abel, Legal & Regulatory Affairs Counsel – not confirmed*

12:00am

**Tour the Historical Concord/ Orchard Alcott House**

The house is most noted for being where **Louisa May Alcott** wrote and set her beloved classic, *Little Women*, in 1868. Followed with High Tea at the famous and haunted 1761 Concord's Colonial Inn with *Doctor Edward Flint*, an actor portrayal of a physician from the American Revolutionary War.

**October 20**

10:00am

Breakfast/Round Table Discussion/Wrap Up



Massachusetts Medical Society and Massachusetts Medical Society Alliance Headquarters  
Conference Center at Waltham Woods ♦ 860 Winter Street ♦ Waltham, MA 02451 ♦ (800) 322-2303  
(minutes from Boston)

**Day 1 - \$85.00** (conference, lunch, refreshment breaks)

**Day 2 - \$85.00** (program, lunch, tour)

**Day 3 - Farewell breakfast**

**Three Day Package - \$150.00**

*(hotel not included)*

**Check back for registration details**

## Directions and hotel information

View Map and get directions using [Google Maps](#)

*Note: Some GPS systems may not provide accurate door-to-door directions to our campus.*

### **MMS/NEJM Corporate Hotels**

The Massachusetts Medical Society has negotiated discounts with a number of hotel companies. The corporate discount varies with hotel brands and depends on date, room availability and hotel participation. Rates are valid locally, domestically and internationally.

Starwood Hotels – Sheraton, **Westin**, W Hotels, Four Points and others.

- To book a Starwood hotel, visit [starwoodhotels.com](http://starwoodhotels.com) (*mention you are attending a conference at MMS*)

Hilton Hotels – Hilton, **Embassy Suites**, **Hilton Garden Inn**, **Hampton Inn** and others

-To book a Hilton hotel, visit [Hilton.com](http://Hilton.com) (*mention you are attending a conference at MMS*)

Park Lodge Hotels (local to Waltham). **Marriot Courtyard and Holiday Inn Express**

-To book these properties, please email [reservations@parklodgehotels.com](mailto:reservations@parklodgehotels.com)

Airports- Boston Logan Airport – 20 minutes to Waltham