Successes and Challenges to Longevity in Women’s Health

Paula A. Johnson, MD, MPH
Chief, Division of Women’s Health
Executive Director, Connors Center for Women’s Health and Gender Biology

An Aging Nation

Projected Female Population, United States, 2000-2050

Source: U.S. Census Bureau, 2004, "U.S. Interim Projections by Age, Sex, Race, and Hispanic Origin,"

2
Older Women → Chronic Diseases

Causes of Death By Age, U.S. Women, 2001

- Heart Disease
- Cancer
- Stroke
- Accidents

Source: CDC, Office of Women's Health, 2001

Poverty by Sex

Men & Women Below 100% Poverty, U.S. 2004

What are the Keys to Longevity?

• A healthy lifestyle
  – A healthy lifestyle can prevent 83% of CVD
• Access to healthcare that addresses care holistically
• Resources to protect one from severe economic stress
• Resilience