

# Over-the-Counter Therapy Suggestions

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

## ALLERGY, COUGH/COLD

\_\_\_\_\_ Afrin Nasal Spray/oxymetazoline  
\_\_\_\_\_ Benadryl/diphenhydramine  
\_\_\_\_\_ Chloraseptic Spray  
\_\_\_\_\_ Chlor-Trimeton/chlorpheniramine  
\_\_\_\_\_ Claritin/loratadine  
\_\_\_\_\_ Delsym  
\_\_\_\_\_ Mucinex  
\_\_\_\_\_ Nasalcrom  
\_\_\_\_\_ Nyquil  
\_\_\_\_\_ Ocean/saline spray  
\_\_\_\_\_ Robitussin Syrup/guaifenesin  
\_\_\_\_\_ Robitussin DM/guaifenesin DM  
\_\_\_\_\_ Scot-Tussin Expectorant/DM  
\_\_\_\_\_ Sudafed/pseudoephedrine  
\_\_\_\_\_ Tavist/clemastine  
\_\_\_\_\_ Theraflu  
\_\_\_\_\_ Triaminic Syrup  
\_\_\_\_\_ Tussin Syrup/Tussin DM

## ANALGESICS

\_\_\_\_\_ Advil/ibuprofen  
\_\_\_\_\_ Aleve/naproxen  
\_\_\_\_\_ Aspirin EC 325mg/  
Buffered 325 mg  
\_\_\_\_\_ Aspirin EC 81mg  
\_\_\_\_\_ Capsaicin Cream 0.02%  
\_\_\_\_\_ Ecotrin  
\_\_\_\_\_ Exedrin Migraine  
\_\_\_\_\_ Glucosamine/Chondroitin  
\_\_\_\_\_ Icy Hot  
\_\_\_\_\_ Midol Max. Str. Gelcaps  
\_\_\_\_\_ Motrin-IB/ibuprofen  
\_\_\_\_\_ Motrin Suspension  
\_\_\_\_\_ Tylenol Tab/Chew/Drops/  
Elix/Extra Str.

## ANTACIDS

\_\_\_\_\_ Gaviscon  
\_\_\_\_\_ Maalox/antacid liquid  
\_\_\_\_\_ Mylanta/antacid liquid  
\_\_\_\_\_ Mylanta II/antacid double str.  
\_\_\_\_\_ Pepcid AC/famotidine  
\_\_\_\_\_ Prilosec OTC  
\_\_\_\_\_ Tagamet HB/cimetidine  
\_\_\_\_\_ Tums/calcium antacid  
\_\_\_\_\_ Zantac/ranitidine

## ANTIARRHEAL/GAS

\_\_\_\_\_ Beano  
\_\_\_\_\_ Gas X/gas relief  
\_\_\_\_\_ Imodium/antidiarrheal  
\_\_\_\_\_ Pepto Bismol/stomach relief

## ANTIFUNGALS

\_\_\_\_\_ Lamisil  
\_\_\_\_\_ Lotrimin/clotrimazole  
\_\_\_\_\_ Micatin/miconazole  
\_\_\_\_\_ Tinactin/tolnaftate

## CALCIUM SUPPLEMENTS

\_\_\_\_\_ Caltrate/Caltrate D/  
calcium carbonate  
\_\_\_\_\_ Citracal/Citracal D/  
calcium carbonate  
\_\_\_\_\_ Os-Cal/Os-Cal D/calcium carbonate  
\_\_\_\_\_ Viactiv

## HEMORRHOIDAL PREPARATION

\_\_\_\_\_ Preparation H Cream  
\_\_\_\_\_ Tucks Pads/Cream

## LAXATIVES/STOOL SOFTENERS

\_\_\_\_\_ Colace/docusate sod  
\_\_\_\_\_ Dulcolax Tabs/bisacodyl  
\_\_\_\_\_ Fleet Enema  
\_\_\_\_\_ Fleet Laxative Suppository  
\_\_\_\_\_ Glycerin Suppositories  
\_\_\_\_\_ Magnesium Citrate  
\_\_\_\_\_ Metamucil/natural fiber laxative  
\_\_\_\_\_ Milk of Magnesia  
\_\_\_\_\_ Mineral Oil  
\_\_\_\_\_ Peri Colace/docusate-cas  
\_\_\_\_\_ Senokot/senna-c

## SKIN RASH PREPARATIONS

\_\_\_\_\_ Aveeno  
\_\_\_\_\_ Benadryl Cream/diphenhydramine  
\_\_\_\_\_ Bluboro Packets  
\_\_\_\_\_ Caladryl Lotion  
\_\_\_\_\_ Calamine Lotion Plain  
\_\_\_\_\_ LacHydrin 12% Lotion/amlactin

## VAGINAL ANTIFUNGALS

\_\_\_\_\_ Gyne-Lotrimin-3/clotrimazole  
\_\_\_\_\_ Monistat-7/miconazole  
\_\_\_\_\_ Mycelex-7/clotrimazole  
\_\_\_\_\_ Vagistat-1

## OTHER

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\_\_\_\_\_  
\_\_\_\_\_

Prescriber: \_\_\_\_\_

Special Instructions: