

Ask About Vaccines That Help You and Your Children Stay Healthy

Doctor-recommended vaccines during pregnancy and childhood help protect moms and children from serious and sometimes life-threatening illness.

Vaccines are free of charge to anyone under 19. Pregnant women can get recommended vaccines at no cost with most insurance plans, including MassHealth.

Where to get vaccines:

- ✓ A primary care physician, OB-GYN, or pediatric provider
- ✓ A community health center
- ✓ Some local health departments or school-based clinics

Talk to your doctor to help decide what's best for you and your child, or scan to find a community health center near you.



Questions? Call the Massachusetts Department of Public Health's Immunization Division at **617-983-6800**.

For more information, visit [MassMed.org/Vaccines](https://www.massmed.org/Vaccines)

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