

April 27, 2026

The Honorable Scott Bessent  
Secretary  
Department of the Treasury  
1500 Pennsylvania Avenue NW  
Washington, DC 20220

The Honorable Robert F. Kennedy, Jr.  
Secretary  
Department of Health and Human Services 200  
Independence Avenue NW  
Washington, DC 20201

The Honorable Keith Sonderling  
Acting Secretary  
Department of Labor  
200 Constitution Avenue NW  
Washington, DC 20201

Dear Secretaries Bessent and Kennedy and Acting Secretary Sonderling:

The undersigned physician organizations representing national medical specialty societies and state medical associations write to express our growing concern that some health plans are undermining the careful balance achieved in the No Surprises Act (NSA). The NSA was designed to protect patients from surprise medical bills, as well as to promote fair contracting incentives between payers and physicians through a meaningful independent dispute resolution (IDR) process. Unfortunately, health plans are finding ways to circumvent the statute with harmful policies that shift costs onto patients and undercut independent physician practices, jeopardizing access to care in their communities. We strongly urge the Departments to increase enforcement efforts and require greater transparency in the IDR process. Below, we offer several examples of problematic conduct and recommend actions needed to protect patients and physicians.

#### I. Inappropriate Cost-Shifting onto Patients

We understand that some payers are increasing patient cost-sharing amounts after an IDR decision in the physicians' favor—a practice that is clearly in violation of the spirit, if not the language of the NSA. For example, rather than paying the physician the difference between their offer and the initial payment, some health plans are reprocessing claims and sending the patient a revised explanation of benefits that results in the patient paying the difference. Alarming, in a 2024 study of emergency physicians, 50 percent of respondents report that health plans increased the patient's cost sharing amount after an IDR entity determination. We ask the Departments to immediately step in and prevent health plans from passing costs onto patients in violation of the NSA.

#### II. Misusing Technical Guidance to Reopen Closed IDR Cases

Some health plans appear to be exploiting June 2025 technical guidance intended to allow IDR cases to be reopened in a narrow set of circumstances and instead are relying on this guidance to reopen final IDR decisions as a way to withhold payment from physicians despite the guidance expressly stipulating that payment should proceed. This is largely happening without scrutiny of plans that re-open IDR claims without sufficient evidence or reason. Our organizations urge the Departments to revise the June 2025

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technical guidance to clarify a narrower scope and prohibit the re-opening of settled IDR determinations without sufficient cause, as defined by the Departments.

### III. Ineligible Claims in IDR

Ineligible claims are making their way into the process. Eligibility is often challenging for physicians to determine, including determining the appropriate regulator. Payers possess plan information that makes them best suited to identify eligibility for the NSA process, yet they fail to provide this information with initial payment or notices of denial. Payers also have an opportunity to challenge eligibility in the initial phases of the IDR process yet are frequently failing to meaningfully participate in either open negotiations or the IDR process. According to 2025 Congressional Research Service Report to Congress, an increase in providers prevailing in IDR from 2023-2024 (80-85 percent) was largely attributable to default decisions. The most effective way to reduce the volume of ineligible claims is to ensure all parties meaningfully participate in the IDR process and to increase the transparency of information pertaining to claim eligibility. Accordingly, we urge the Departments to require the entire IDR process, including open negotiations, be conducted through the IDR portal to increase health plan participation. Additionally, the Departments should require health plans to use Remittance Advice Remark Codes, as well as any other relevant information regarding eligibility with the initial payment or notice of denial.

### IV. Lack of Transparency into Qualified Payment Amount (QPA) Calculations

We have received feedback from physicians that QPAs do not reflect the market rates for services, as intended under the NSA. Given the important role that the QPA plays in determining patient cost-sharing, determining initial payments and influencing the dispute resolution process, more transparency in how they are calculated should be required. Unfortunately, there are no requirements to substantiate QPA calculations or oversight to ensure rate calculations abide by statutory requirements. We encourage the Departments to require that information about QPA calculations, including methodologies and data used, be provided with the initial payment or notice of denial and available more broadly. In addition, CMS should exert its statutory authority to conduct rigorous audits on health plans' QPA calculations, with penalties for improper calculations.

### V. Lack of Timely and Complete Payments

It seems nothing could undermine the success of the NSA more than having IDR decisions ignored, yet we continue to hear that health plans are failing to reconcile payment outside of the statutory 30-day window, paying only a portion of what they owe, or are not paying at all, often repeatedly and without consequence. A survey of clinicians across 45 states found that 22 percent of IDR awards owed to physicians and other providers in 2023 and 11 percent of awards in 2024 had not been paid. Of the payments made in 2024, 50 percent were not remitted within the requisite 30-day timeframe, and 15 percent were made in an incorrect amount. These situations are simply unsustainable for many physician practices. As such, we urge the Departments to enforce payment after IDR decisions under the statutory timelines and assess penalties for repeat offenders.

Our organizations understand that implementation of such a novel patient protection statute is a complex undertaking. Fortunately, we believe that these issues can be addressed largely with increased

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enforcement and transparency. We look forward to working with you to address these concerns to ensure that the NSA continues to protect patients from surprise medical bills while preserving the sustainability of independent physician practices.

Sincerely,

American Medical Association  
Academy of Physicians in Clinical Research  
American Academy of Allergy, Asthma & Immunology  
American Academy of Emergency Medicine  
American Academy of Facial Plastic and Reconstructive Surgery  
American Academy of Family Physicians  
American Academy of Hospice and Palliative Medicine  
American Academy of Neurology  
American Academy of Ophthalmology  
American Academy of Otolaryngic Allergy  
American Academy of Otolaryngology - Head and Neck Surgery  
American Academy of Pain Medicine  
American Academy of Physical Medicine and Rehabilitation  
American Academy of Sleep Medicine  
American Association of Hip and Knee Surgeons  
American Association of Neurological Surgeons  
American Association of Orthopaedic Surgeons  
American College of Cardiology  
American College of Emergency Physicians  
American College of Gastroenterology  
American College of Medical Genetics and Genomics  
American College of Obstetricians & Gynecologists  
American College of Physicians  
American College of Radiation Oncology  
American College of Radiology  
American College of Surgeons  
American Epilepsy Society  
American Gastroenterological Association  
American Geriatrics Society  
American Orthopaedic Foot & Ankle Society  
American Psychiatric Association  
American Society for Clinical Pathology  
American Society for Dermatologic Surgery Association  
American Society for Gastrointestinal Endoscopy  
American Society for Laser Medicine and Surgery, Inc.  
American Society for Surgery of the Hand Professional Organization  
American Society of Anesthesiologists  
American Society of Cataract & Refractive Surgery  
American Society of Hematology

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American Society of Interventional Pain Physicians  
American Society of Nephrology  
American Society of Neuroradiology  
American Society of Nuclear Cardiology  
American Society of Plastic Surgeons  
American Society of Retina Specialists  
American Society of Transplant Surgeons  
American Urogynecologic Society  
American Venous Forum  
College of American Pathologists  
Congress of Neurological Surgeons  
International Pain and Spine Intervention Society  
Medical Group Management Association  
National Medical Association  
North American Neuromodulation Society  
North American Spine Society  
Outpatient Endovascular and Interventional Society  
Post-Acute and Long-Term Care Medical Association  
Society for Cardiovascular Magnetic Resonance  
Society for Pediatric Dermatology  
Society for Vascular Surgery  
Society of American Gastrointestinal and Endoscopic Surgeons  
Society of Interventional Radiology

Medical Association of the State of Alabama  
Alaska State Medical Association  
Arizona Medical Association  
Arkansas Medical Society  
California Medical Association  
Colorado Medical Society  
Connecticut State Medical Society  
Medical Society of Delaware  
Medical Society of the District of Columbia  
Florida Medical Association  
Medical Association of Georgia  
Hawaii Medical Association  
Idaho Medical Association  
Illinois State Medical Society  
Indiana State Medical Association  
Iowa Medical Society  
Kansas Medical Society  
Kentucky Medical Association  
Louisiana State Medical Society  
Maine Medical Association

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MedChi, The Maryland State Medical Society  
Massachusetts Medical Society  
Michigan State Medical Society  
Minnesota Medical Association  
Mississippi State Medical Association  
Missouri State Medical Association  
Montana Medical Association  
Nebraska Medical Association  
The Nevada State Medical Association  
New Hampshire Medical Society  
Medical Society of New Jersey  
New Mexico Medical Society  
The Medical Society of the State of New York  
North Dakota Medical Association  
Ohio State Medical Association  
Oklahoma State Medical Association  
Oregon Medical Association  
Pennsylvania Medical Society  
Rhode Island Medical Society  
South Carolina Medical Association  
South Dakota State Medical Association  
Tennessee Medical Association  
Texas Medical Association  
Utah Medical Association  
Vermont Medical Society  
Medical Society of Virginia  
Washington State Medical Association  
West Virginia State Medical Association  
Wisconsin Medical Society  
Wyoming Medical Society