# 2015 ANNUAL REPORT

# Foundation

**Supporting Physicians, Patients, and Communities** 







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#### STAFF

Jennifer Day, Director

#### **HISTORY**

In May 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a not-for-profit 501(c)(3) organization, is a mechanism for consolidating the MMS's charitable giving to the community into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

#### **MISSION**

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.



# Massachusetts Medical Society and Alliance Charitable Foundation

860 Winter Street, Waltham, MA 02451-1411 (800) 322-2303, ext. 7044 www.mmsfoundation.org

#### Cover Photos:

Top-left: Lunecee Eligene, youth program coordinator for the Family Van, educating children on the contents of cigarettes during a Fit Camp

Bottom-left: Women's Lunch Place staff Linda and Tiesha preparing daily distribution bags filled with soap, shampoo, toothbrushes and toothpaste, deodorant, women's hygiene items, and much more

Right: Prachi Godiwala, then a fourth-year UMass medical student, visiting patients from rural villages in the Dominican Republic who have limited access to health care

# Message from the Chair

Dear Colleague:

The Massachusetts Medical Society and Alliance Charitable Foundation works on behalf of physicians and their families to improve the health and well-being of people across Massachusetts. We are your Foundation.

For the past 15 years, the Foundation has proudly supported physician-led volunteer initiatives that provide free care to uninsured patients and increased access to care for the medically underserved, as well as supporting essential health and wellness programs in Massachusetts communities.

This past year we received requests for funding from 49 organizations requesting \$950,000 in support. This is twice the number of requests as the prior year and is indicative of the continued budget cuts in the areas of education, prevention and screening programs, and other vital services in the community. Funding from the Foundation allows many clinics and community organizations to fill a major gap in care and services for our most vulnerable citizens. While we remain committed to advancing the availability of accessible, quality health care and furthering the health and wellness of our communities, we cannot do it alone! On average, the Foundation can only support 10–15 organizations per year with our limited budget. We continue to see increased need; yet, there are fewer dollars available to organizations and programs that serve our most vulnerable citizens.

As the charitable voice of physicians, we have the unique ability to address these problems with a medical perspective and a commitment to a healthy community. Please join the Foundation in its mission to improve the health and well-being of our communities. Your tax-deductible contribution will allow us to continue work on your behalf. Our dedicated board works diligently to ensure all funds are used wisely; and as always, 100 percent of your donation goes to the organizations we fund. Your donation will never be used to fund overhead or administrative expenses.

Thank you for your generosity and support. Together, I know we will continue to better the health and lives of people throughout the Commonwealth.

— Corey E. Collins, DO, FAAP

Only other Do, FARP

As physicians working at the community level, you are keenly aware of the needs that exist where you live and practice. You are encouraged to direct agencies to contact us or visit our website at www.mmsfoundation.org for information on our funding priorities and criteria.

# Partnership

The Albert Schweitzer Fellowship received \$25,000 in October 2014 from the Massachusetts Medical Society and Alliance Charitable Foundation to help support medical student fellows in the 2014–2015 Boston Schweitzer Fellows Program. Fellows create and implement 200-hour health-related community service projects to address unmet health needs in local, underserved communities. In addition to their service projects with local community-based agencies, fellows participate in structured leadership development activities throughout the year.

The 2014–2015 Boston Schweitzer fellows submitted their final reports in May. Among the 13 fellows who successfully completed the fellowship, six were medical student fellows supported by the Massachusetts Medical Society and Alliance Charitable Foundation. A summary of their outcomes and achievements follows.

#### **Molly Cook**, University of Massachusetts Medical School

Community Sites: Pernet Family Health Service, African Community Education, Shrewsbury Youth and Family Services, and Whitin Community Center

Cook addressed intimate partner violence among central MA youth by providing a series of teen-dating violence workshops to several organizations. The curriculum includes aspects of healthy and unhealthy relationships, tips on helping a friend who is in an unhealthy dating relationship, and the evaluation of the media's effect on gender perceptions and relationship dynamics. Teens are provided with resources and asked to complete safety plans, empowering them to assess current relationships and be aware of the steps to take if they choose to end an unhealthy relationship. Cook has continued to expand to more agencies, reaching over 200 young people through her curricula.



66 Before this project, I had not really considered working with teens as a physician. However, I have found them to be an incredibly interesting demographic to work with

over my fellowship year. There is so much education and prevention that can be done in young people, and that excites me. I plan to investigate working with this demographic m ore over these next two years of medical school."

— Molly Cook

## **Angela Coombs**, Tufts University School of Medicine

Community Site: Codman Academy Charter School

Coombs addressed the stigma related to mental illness and the need to raise awareness of the social determinants of health among young black adolescent women in Dorchester, MA, by providing education around structural inequalities that come to shape mental and physical health outcomes. Her course, "Me and Mine: Using PhotoVoice to Explore the Social Determinants of Community and Mental Health," provided health education and served as an empowerment program in which students took photographs of their communities to give voice to their perspectives and experiences related to community and mental health. The program also provided direct mentorship of each young woman enrolled by linking students with motivated and compassionate black professional women in the greater Boston Area.



66 My students, their incredible insight and brilliance will most certainly be the highlight of my year and knowing that I was able to provide them with specific resources and

tools to think about health in their community in a new way is so invaluable." — Angela Coombs

# **DaEun (Dana) Im**, Harvard Medical School and Harvard Kennedy School of Government

Community Site: Boston Children's Hospital Primary Care Center and Martha Eliot Health Center

Im worked on addressing the mental health care needs of children in the Boston community by partnering with "Improving Child Health through Mental Health and Pediatric Primary Care Integration," which uses the primary care model and team-based care to deliver mental health services to children and their families. Starting in primary care setting, she served as a resource navigator, working closely with children facing barriers to obtaining mental health services and following their long-term care plans. In addition to empowering patients and their families to advocate for themselves as they navigate through community-based mental health resources, the project aimed to break down the barriers of ignorance, prejudice, and stigma around mental health issues.

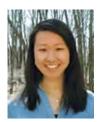


66 At times, I felt that my 'service' wasn't directed at addressing mental health needs, which was what I had proposed to accomplish for my project. When I met where my clients and their

families were, I learned that the majority of their needs (67%, 17/27) were related to issues in accessing basic resources (housing, food, job, and safety), rather than medical services. In fact, these basic needs were preventing my clients and their families from seeking mental health services." —Dana Im

**Amy Ni**, Tufts University School of Medicine Community Site: Asian Women for Health

Ni addressed how cancer affects Asian American women in Boston by hosting educational workshops in residential communities and organizing biweekly wellness groups for women impacted by the diagnosis of cancer. With her summer sessions, she reached nearly 200 participants. Ni also hosted volunteer training sessions for college students and community residents to train educators who will share their knowledge of cancer screening. The goal of the project was to increase awareness, improve cancer-screening rates in Asian-American women, and bring the community together in fighting cancer.



66 My project, Women's Health 101, and the Schweitzer Fellowship experience have been invaluable contributions to my health education. It allowed me to see my

potential to pursue my passions and learn how I can incorporate and find time for service through my future career. I am lucky to have the skills and knowledge to impact the lives of others and it is incredible to see how I can actually make a difference to change the social determinants of health."—Amy Ni

#### **Vaidehi Pidaparti**, Tufts University School of Medicine

Community Site: English High School

Pidaparti worked to increase an awareness of public health among urban youth in Jamaica Plain. Her after-school program, the Health Impact Partnership (HIP), seeks to provide an engagement-centered alternative approach to education that helps to develop and strengthen skills such as public speaking, formulating investigative questions, and leading others. Students begin by exploring determinants of health, including the environment, social justice, and the dynamics of their own communities. These determinants are followed by an introduction to public health and research

methods, and students ultimately develop a capstone project and intervention about a health issue of their choice.



66 Too often, we get stuck in the tunnel vision of our own professions but the Fellowship provided us an invaluable opportunity to commune with like-minded, service-oriented individuals

whose focuses on health came in many different varieties... I speak for all of us when I say that being a part of the Fellowship has helped us to become more effective leaders and has significantly heightened our commitment to serving others, to the best of our respective abilities."—Vaidehi Pidaparti

### **Lauren Sweetser**, Boston University School of Medicine (BUSM)

Community Site: Family Independence/Teen Living Program

Sweetser addressed important issues of pediatric homelessness with a servicelearning project entitled "Resources and Education for Adolescents and their CHildren" (REACH). Thirty-five first- and second-year medical student members of REACH worked with, and learned from, teenaged mothers experiencing homelessness and their young children at five different shelters across Roxbury and Dorchester, MA. The aim of REACH was to promote health and wellness through educational workshops, constructive childcare, and longitudinal multifaceted mentorship. The monthly workshops on topics such as nutrition, vaccinations, and sexual health provided new mothers experiencing homelessness with information and resources that empowered them to make educated medical decisions for themselves and their children. In addition, relationships fostered between medical students and families at the shelters helped to increase student awareness about the unique struggles of this vulnerable population and encouraged these future physicians to be informed and compassionate patient advocates prepared to tackle important issues in health care that span far beyond the clinic.



66 The most valuable aspect of the ASF experience was undoubtedly the support system provided by the Boston Program Director and the other fellows. Service work is something I'm deeply

passionate about and I know I will always seek out opportunities for participation, but it is with the guidance and encouragement of the ASF community that I've been able to share this passion with my fellow classmates and really create a sustainable project that will permaart of the culture at BUSM."—Lauren Sweetser

ASF conducts systematic evaluations in order to measure its impact and to continually improve its programs. The pre- and post-fellowship surveys of fellows, as well as the final written reports they submit, capture data on the impact of their experience and their projects, the clients served, the host agencies, and schools. The post-fellowship surveys completed by site mentors also help measure these impacts. The combination of data allows us to analyze more thoroughly the impact of our program on clients, agencies, schools, and fellows and thus build a stronger program.

Our most recent 2013–14 survey results show that our fellows' projects are making an impact:

- » 760 clients were served.
- » 87% of community site mentors reported that they would recommend participating in the Schweitzer Fellows Program to another community-based agency.
- » 93% of fellows reported that participation in the fellowship increased their skills in committee or team work.
- » 93% of fellows reported that it was very valuable to work collaboratively with people from different professional disciplines.
- » 100% of fellows reported that it was likely or very likely they will engage in community service activities with underserved populations throughout their career

Survey results for 2014–15 will be available fall 2015.

# 2014-2015 Grants

The Foundation currently administers the following grant programs:

Community Action, which funds programs that creatively address issues that affect the health and well-being of the community

Care for the Medically Uninsured, which supports physician-led volunteer initiatives to provide free care to uninsured patients and increase access to care for the medically underinsured

**International Health Studies,** which provides funding for medical students and resident physician members of the MMS to pursue international education that focuses on underserved populations

#### Central Mass Area Health Education Center, Worcester —

\$28,500 to support the Mosaic Cultural Complex's Barbershop Health Network, to reduce health disparities of Latino and African American men in Worcester through education, screening, referral, and access to community and clinical resources.

Institute for Community Health, Cambridge — \$25,000 to support a community health worker model to connect emergency department patients to primary care providers and insurance and assist patients with the initial primary care visit, submissions of insurance applications, and completion.

Family Services of the Merrimack Valley, Lawrence — \$25,000 to support a mindfulness-based curriculum for students ages 12–18 in Lawrence aimed at building emotional resilience and reducing substance abuse. The program will target youth who have demonstrated risk factors for substance use.

Amherst Survival Center — \$17,000 to support its Free Health Clinic, which serves more than 500 people in Hampshire and Franklin counties and provides medical care to any individual on a walk-in basis at no cost.

Boston Health Care for the Homeless Program — \$15,000 to support the Family Team, comprised of physicians, nurses, and case managers who provide on-site primary care and preventive services to homeless families and parents and children living in shelters and motels.

Community Health Programs, Great Barrington — \$15,000 to support behavioral health in the context of primary care and to address the demand for services, the stigmatization of seeking services, and the burden of illness on individuals in Western Massachusetts.

#### Volunteers in Medicine (VIM) Berkshires, Great Barrington —

\$15,000 to support the second year of the Shared Medical Appointment pilot program as a health care delivery strategy for VIM programs across the country, as well as to create a template for other types of clinics.



Year one of the Share Medical Appointment pilot program included six men from the Berkshires community. For six months, in place of individual appointments the men met as a group to promote and manage hypertension reduction. Each group appointment included a medical check-up, group discussion, nutrition education, stress management, bio feedback, and yoga. In an exit survey, all participants indicated that they learned more about hypertension and how to control it, and most began to take specific action steps, including changes in diet and exercise.

Katie Brown Educational Program, Fall River — \$15,000 to create a workshop that brings together adult members of the college campus community responsible for guiding, mentoring, and supervising students and train them to recognize the potential of violent behavior and give them a tool kit to enable them to intervene safely to help both victims and perpetrators.

Family and Community Resources, Brockton — \$10,000 for the Medication Management Program for Brockton residents with complex and long standing trauma, many of whom are suffering from major depression, bipolar diagnoses, and post-traumatic stress disorder, including survivors of domestic violence.

The Sharewood Project, Malden — \$10,000 to support this student-operated medical clinic that relies exclusively on volunteers to provide free health services to a diverse and medically underserved population in Greater Boston under the supervision of a volunteer attending physician.

Watertown Public Schools — \$10,000 to support a pilot position for an elementary garden coordinator who will assist in sustaining the existing outdoor classrooms and gardens and support a curriculum that links food to culture, health, and the environment.

Women of Means, Wellesley — \$10,000 for the Medical Home Without Walls (MHWW) Elder Care Program, which provides walk-in medical care to homeless women in Boston and reconnects them to primary care and other essential community health resources.

Natick Visiting Nurse Association — \$10,000 for the MetroWest Meds Pharmacy Card Program, which helps uninsured clients below the federal poverty line get medications without delay.

Father Bill's & MainSpring, Quincy and Brockton — \$7,500 to support a new community-based project to increase access to care for at-risk men and women in Brockton with complex issues including mental health and substance abuse.

MetroWest Free Medical Program, Framingham — \$6,000 for outreach to the uninsured Latino population in Marlborough to raise awareness of the agency's services for those most vulnerable.

Boston Rescue Mission — \$5,000 to support the Stay-in-Bed/ Respite Program, designed for homeless individuals who have been hospitalized and require further health care services.

Bridge Over Troubled Waters, Boston — \$5,000 to support the Street Outreach Program and Mobile Medical Van, which provide survival aid, harm reduction information, counseling, and health care services to runaway, homeless, and high-risk youth in Greater Boston.

Rosie's Place, Boston — \$5,000 to support the Community Health Outreach Worker Program, which provides medical and health support for poor women unable to access adequate medical care because of developmental delays, chronic mental illness, or substance abuse.



Women of Means community health workers with three women enrolled in the MHWW program at a support group meeting.



Katie Brown Educational Program holds a focus group with Assumption College baseball players to address relationship violence, dating violence, and sexual assault within the college community.

# 2014-2015 Grants

In addition to Community Action and Care for the Medically Uninsured, the Foundation also administers grants for **International Health Studies**, which provides funding for medical students and resident physician members of the MMS to pursue international education that focuses on underserved populations.

#### Prachi Godiwala — UMASS Medical School

From March 21, 2015, to April 11, 2015, Prachi, a fourth-year medical student, participated in the UMass Dominican Republic Medical Mission Trip for the third time. For the first week she travelled with the group to two bateys (towns where sugar workers live), visiting patients from those rural villages who have limited access to health care. The team began to address community and public health needs in the bateys, including mapping homes and families in each village and the locations of water supplies and latrines in relation to the spread of disease, as well as holding short community discussions of practical ways to improve health and sanitation. For the next two weeks she was able to experience how the emergency room functions at a city hospital, Hospital El Buen Samaritano.

66 Even years from now when I am a fullfledged physician, I can always ask for help if I need it. Knowing my own limitations is an important skill to have, along with knowing the limitations of the context in which you are practicing."

#### **Gregory Haman** — Harvard Medical School

From January 15, 2015, to February 28, 2015, Greg, a fourth-year medical student, completed a two-month clinical rotation in Mwanza, Tanzania. He worked with patients admitted to Bugando Medical Center (BMC), a 900-bed referral hospital, and Sekou Toure Hospital, a government run regional hospital that BMC has partnered with. He had previously served as a secondary school teacher in Tanzania for three years, and was especially grateful to have the opportunity to return to that country and aims to continue working there in the future.

**66** I was struck by the high number of patients that interns were responsible for at Sekou Toure Hospital. It was not unusual for a Tanzanian intern to formulate a care plan for as many as 40 patients during morning rounds, and frequently several were very sick. Their hard work impressed me daily."

### **Nichole Starr** — Boston University School of Medicine

From August 25, 2014, to October 19, 2014, Nichole, a fourth-year medical student, volunteered at the Dessie Referral Hospital in the South Wollo Zone of Ethiopia. Dessie is a tertiary care center serving a catchment area of approximately two million people. Under the guidance of her preceptor, she assisted in both major and minor operating room cases, attended referral clinic, made rounds on the wards for pre- and postoperative patients, and attended teaching conferences with other students and faculty. While abroad, she also visited 21 primary health care sites that serve the same catchment area. She spent much of her time assisting midlevel and physician providers at town health centers and district hospitals, in clinical duties, and in research activities.

**66** As a future practitioner of academic global surgery, I valued the understanding I developed about the clinical context in which I will be working. I plan to contribute to the body of knowledge about global surgery, and create lasting partnerships."

#### **Geoffrey Anderson, MD** — General Surgery, Massachusetts General Hospital

From August 2, 2015, to November 15, 2015, Dr. Anderson will travel to Uganda and do research at the government hospital in Mbarara, which is the 600-bed hospital associated with the Mbarara University of Science and Technology (MUST). The hospital has numerous Ugandan residents including several studying general surgery. It also has medical and nursing students. In Mbarara, he will also be involved in taking care of the local population of the district as well as patients coming from all over western Uganda for care. The Ugandan government has recently undertaken a



Community Meeting in Batey 18 to communicate practical ways to improve health and sanitation.

large project to renovate the hospital to turn it into a major national referral center. Part of his work on the Global Surgical Initiative will be to help establish a Cancer Center at MUST. This will be only the second cancer center in the entire country and the only one outside of the capital of Kampala.

## **Cynthia So-Armah, MD** — Internal Medicine, Brigham and Women's Hospital

From March 24, 2015, to April 20, 2015, Dr. So-Armah travelled to Mexico with Partners in Health — Compañeros en Salud (CES). CES has partnered with the Mexican government to place recent medical graduates (pasantes) from Mexican medical schools at six rural clinics in Chiapas. CES connects U.S. medical residents to pasantes at these clinics, in order to offer precepting and continuing education for them since they are isolated in a very resource limited setting. The bulk of her work in Chiapas was centered on supervising and supporting the pasantes in three communities — Salvador Urbina, Laguna del Cofre, and Monterrey offering insight and knowledge to help improve the quality of care delivered. These are remote, rural communities, at least two or more hours from the nearest hospital, with only the medical pasante providing care to the entire community. **66** *I* was struck by how bright and driven the pasantes were, often learning medicine in both **Sarah Napoe, MD** — Obstetrics/Gynecology, Massachusetts General Hospital and Brigham and Women's Hospital

During the month of December 2014, Dr. Napoe volunteered in the department of Obstetrics and Gynecology at the Korle-Bu Teaching Hospital in Accra, Ghana. She spent some time in obstetrics rounding with the junior resident on the team who managed antepartum and postpartum patients. Many of the patients were undergoing treatment for pre-eclampsia, and others were there for preterm premature rupture of membranes. In the outpatient setting, she saw some patients for prenatal care as well as postpartum and was surprised to learn that a well-baby check was part of the postpartum visit.

66 Upon reflection, my lessons learned are that infrastructure is just as important as surgeon training and availability. In addition, free surgical care alone is not enough as many of the patients are so poor that the travel fare may be a deterrent ... this valuable experience will shape the ways in which I approach these challenges."

**Noah Rosenberg, MD** — Family Medicine, UMass Memorial Medical Center

From January 12, 2015, to February 8, 2015, Dr. Rosenberg volunteered at a rural clinic in El Tololar, Nicaragua. The clinic is staffed by one physician, two nurses, and occasionally a dentist. They have a small pharmacy, including antibiotics and other urgent care medications. The clinic's method for sterilizing medical equipment was to have it shipped back weekly to the main hospital in Leon. Dr. Rosenberg facilitated the clinic purchasing and setting up the autoclave, as well as providing training on appropriate use.



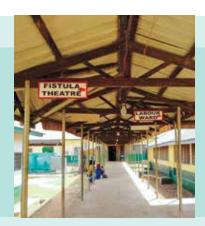
Dr. Rosenberg interviews a nurse at the El Tololar Clinic in Nicaragua, learning that the lack of on-site medical equipment sterilization was a barrier to women's health and dental patients receiving necessary care for lack of the appropriate sterile instruments.



English and Spanish at the same time."

The monthly course for pasantes at CES. CES works in ten rural communities in Chiapas, supporting 10 pasantes with clinical supervision, monthly classes, global health training, and supplementing the meager income, medications, and supplies that the government offers.

Tamale Fistula Center in Northern Ghana: While the repairs and hospital stay are free of charge for the patients, transportation costs prevent some patients for coming in.



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Thank you for your support of the Foundation through your philanthropic gifts from June 1, 2014, to May 31, 2015.

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Dr. Mark and Mrs. Paula Madison Francine and Rohit Vakil Kathleen and Michael Thompson

In memory of Yale J. Berry, MD William L. Babaian, MD

In memory of Manuel Fox Deborah Gordon, MD

In memory of Merritt Garland, MD, MPH Sarah Kemble, MD, MPH

In memory of Sarah James Garrett Dr. & Mrs. Francis M. James

In memory of Edward B. Gray, MD Mary Frances Gray In memory of Richard Gross, MD Elsa J. Aguilera, MD B. Hoagland Rosania, MD

**In memory of Nasir Khan, MD** Hubert and Raynor Caplan

In memory of E. Peter Larkin, MD Ronald Durning Jr., MD

In memory of Karlo and Mercedes Mirth Anne Mirth, MD

In memory of Dr. Roy Ranfro Everett K. Spees, MD

In memory of Dorothea S. Rodkey Grant V. Rodkey, MD

In memory of Swithen and Jolyon Rodrigues Janine and Victor Saldahna

In memory of Ruth Statter Jessica Fewkes, MD

In memory of Joan Stiles MMS Alliance

In memory of Mary A. Sullivan Alan G. Corman, MD

In memory of James M. Young, MD Mariette Aubuchon Young

If you would like to honor someone by making a gift to the Foundation, please call (781) 434-7044.

The sixth annual Holiday Boutique, hosted by the Massachusetts Medical Society Alliance to benefit the Massachusetts Medical Society and Alliance Charitable Foundation, was held on Friday, December 5, 2014. Coinciding with the Society's House of Delegates meeting, the boutique featured mostly handmade items from Alliance members, including jewelry, wreaths, tabletop decorations, scarves, mittens, blankets, breads, candy, gingerbread houses, vinaigrettes, and jellies



#### **HOLYOKE SOCIETY**

The Holyoke Society is comprised of individuals who enroll as Life Members of the Massachusetts Medical Society. These distinguished physicians automatically become honorific members of the Foundation's Holyoke Society and a portion of their dues is contributed to the Foundation's endowment.

#### 2009

Richard S. Pieters, MD Edith M. Jolin, MD, MPH Alain A. Chaoui, MD

#### 2010

Jesse M. Ehrenfeld, MD, MPH Chike O. Nwankwo, MD Ronald G. Bardawil, MD Thomas A. LaMattina, MD

#### 2011

Desiree A. Carlson, MD David J. Zaleske, MD Philip A. Wolf, MD Alice A. Coombs, MD Mark M. Sherman, MD

#### 2012

George Abraham, MD
Elsa J. Aguilera, MD
Maryanne C. Bombaugh, MD
Harry M. Curtis, MD
Stanley Glasser, MD
Allan H. Goroll, MD
Geoffrey M. Graeber, MD
Bernhard Heersink, MD
Joseph M. Heyman, MD

Peter C. Kenney, MD Ann Loudermilk, MD TK Raman, MD

Grant V. Rodkey, MD Arthur C. Waltman, MD Lynda M. Young, MD

#### 2013

Kenneth Avery Heisler, MD Sten B. Lofgren, MD Barry M. Manuel, MD Joanna M. Sawicka, MD Christopher R. Smith, MD

#### 2014

Arthur F. Dimattia, MD Henry L. Dorkin, MD Jack T. Evjy, MD

Patricia Rose Falcao, MD
Peter B. Kang, MD
Nasir A. Khan, MD
Robert A. Lebow, MD
Najmosama Nikrui, MD

Janine T. Rodrigues-Saldahna, MD Frederick D. Wax, MD

M. Donna Younger, MD

#### 2015

John W. Blute, MD Marian C. Craighill, MD, MPH Mark J. Hauser, MD Mangadhara R. Madineedi, MD

#### **More Information**

Join the MMS as a Life Member to be enrolled in the Holyoke Society. To receive a Life dues estimate, contact the Member Information Center at info@ massmed.org or (800) 322-2303, ext. 7311.

#### 1781 SOCIETY

The 1781 Society, named for the year the Massachusetts Medical Society was established, is a means for recognizing those donors who have made plans to leave a gift to the Foundation after their lifetime. Donors may provide for the future of the Foundation through outright bequests to the Foundation, or name the Foundation as the beneficiary of a life insurance policy or retirement plan.

We are deeply grateful to every member of the 1781 Society, including those who prefer to remain anonymous. Your legacy will ensure that the Foundation continues to improve the health and lives of people throughout the Commonwealth.

"For many physicians who have worked in their district and state medical society at various levels, this provides a very meaningful opportunity. Major life transitions, such as retirement or illness, often spur individuals to assess their legacy. For me, after my health and my family, philanthropy became an important priority — trying to make things better for people who have been less fortunate." — Francis (Rusty) Van Houten, MD, prior Foundation board member and advisor, and former MMS president

## Silent Auction

The Foundation's 11th annual silent auction was held on Thursday, April 30, 2015, at the Seaport Hotel and World Trade Center in Boston. The auction was held in conjunction with the Nancy N. Caron Annual Member Art Exhibit, sponsored by the MMS Arts, History, Humanism, and Culture Member Interest Network.

For a number of years, the exhibit has provided a unique opportunity for members and their families to share their artistic talents. Their self-expression explores varied mediums and has been influenced and shaped by a variety of fascinating experiences. Artists were invited to donate their works for a silent auction to benefit the Foundation. Twenty-eight (28) artists participated in the event and donated their art for auction. In addition, we received 20 other items to be part of the silent auction. The event was an enriching experience, and more than \$4,530 was raised to support the Foundation and its activities.

# Thank you to the following individuals and organizations that donated items for the silent auction:

Edward Amaral, MD Sanjay Aurora, MD, MPH Paul Berman, MD Hubert I. Caplan, MD Pat Downs, MD Alan Drabkin, MD Jack & Sheila Evjy Rose H. Goldman, MD, MPH Robin Gross - in memory of Richard Gross, MD Michael Guidi, DO Charles Huizenga, MD Margaret Igne Beatrice Igne Bianchi Jonathan Igne Bianchi Lindsey Madison Mario Motta, MD Sidhartha Pani, MD Francis Sandy Renna, MD Susana Rey-Alvarez, MD Flora Sadri, DO



Peter Schneider, MD

Arthur Skarin, MD Roslyn Skarin Julia Tyler Sevim Under Stuart Weisberger, MD Ace Ticket Berkshire Theater Group **Boston Duck Tours** Boston Red Sox Cape Cod Symphony Orchestra Huntington Theatre Company Institute of Contemporary Art/Boston Isabella Stewart Gardner Museum Legal Sea Foods, LLC Mass Audubon Massachusetts Medical Society New England Aquarium New England Journal of Medicine Norman Rockwell Museum Seaport Hotel Sur La Table — Natick

# Thank you to the following winning bidders for their generous support of the work of the Foundation:

USS Constitution Museum

Worcester Art Museum

Janet Abrahamian, MD
Charles Alagero
Carole Allen, MD
Stephen Bradley
Kate Atkinson, MD
Hubert Caplan, MD
Doris Cope, MD
Marian Craighill, MD
Ronald Dunlap, MD
Alan Ehrlich, MD
Sheila Evjy
Len Finn, MD
James Gessner, MD
Michele Jussaume



Virginia Latham, MD Paula Madison Sanrda Manchester Eric Meikle, MD Denise Mills, MD Lisa Nagy, MD Walter Rok, MD Natasha Shah S. Ram Upadhyay, MD Francine Vakil Ana Vasilescu, MD Alan Woodward, MD Lynda Young, MD

# **Financials**

Massachusetts Medical Society and Alliance Charitable Foundation Statement of revenues and expenses and changes in net assets for Fiscal Year ended May 31, 2015

STATEMENT OF ACTIVITIES
June 1, 2014, to May 31, 2015

	AUDITED	AUDITED
REVENUE*	2014	2015
Contributions		
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	5	5
Other Unrestricted	85	100
Endowment	1	7
Management and General	8	8
Total Contributions	274	295

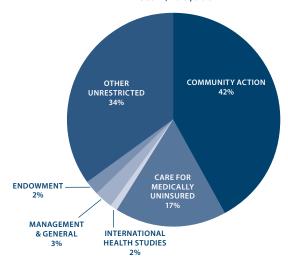
OTHER REVENUE*	2014	2015
Unrestricted Investment Activity	5	33
Endowment Investment Activity	66	16
Total Revenues	345	344

EXPENSES*	2014	2015
Community Action Grants	100	123
Care for Medically Uninsured Grants	97	111
International Health Studies Grants	10	11
Other Unrestricted	25	25
Management and General	6	6
Total Expenses	238	276
Excess of Revenues over Expenses	107	68
Net Assets, Beginning of Year	1,534	1,641
Net Assets, End of Year	1,641	1,709

<sup>\*</sup>In thousands of dollars

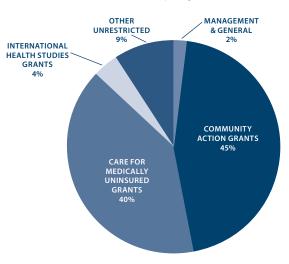
#### ${\bf CONTRIBUTION\ REVENUE-FISCAL\ YEAR\ 2015}$

Total \$295,000



#### **EXPENSES — FISCAL YEAR 2015**

Total \$276,000



Because of the extraordinary support the
Foundation receives from the Massachusetts Medical
Society, we are able to keep our overhead expenses
extremely low. As a result, those who give to the
Foundation can be assured that 100 percent of their
contribution goes where it is needed most — to
address issues that affect the health and well-being
of the community.





# Foundation

**Supporting Physicians, Patients, and Communities** 

Massachusetts Medical Society and Alliance Charitable Foundation 860 Winter Street, Waltham, MA 02451-1411 www.mmsfoundation.org (800) 322-2303, ext. 7044/ (781) 893-4610/ (781) 434-7455 fax