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Mass. hospitals, physician organizations, and healthcare leaders affirm commitment to address clinician burnout

As the COVID-19 pandemic continues to place tremendous strain on the resiliency and wellbeing of caregivers, some 120 Massachusetts hospitals, physician organizations, and healthcare leaders have signed on to an effort led by the Massachusetts Medical Society (MMS) and Massachusetts Health & Hospital Association (MHA) to continue their efforts in addressing clinician burnout. Leaders from each of the organizations listed below have committed to measuring a specific contributing factor to clinician burnout, and prioritizing improvements in that area as an institutional goal.

The MMS-MHA Joint Task Force on Physician Burnout (TFPB), in collaboration with local and national organizations, has closely analyzed the causes of physician and clinician burnout, and has identified and shared effective burnout reduction strategies. The task force continues to pinpoint opportunities to reduce administrative burden and other contributors to clinician burnout, and actively advocates for their adoption. Now more than ever, the TFPB members believe commitment at the highest levels of the healthcare organization is necessary to effectively reduce clinician burnout.

Each of the organizations listed below will select a measure of clinician wellness or burnout, measure its prevalence in their organization over time and include improving that measure as an institutional goal.

"Our caregivers are often called heroes, but they are still very much human and are subject to more stress and strain than ever before," said **Steve Walsh**, **president and CEO of the Massachusetts Health & Hospital Association**. "Our hospitals and healthcare leaders are focused on ensuring that our most valuable resource – our clinicians – get the support they need. This latest commitment has the flexibility to allow our organizations to focus on specific areas tailored to their individual needs, which ultimately helps us address burnout on a united front."

"The issue of clinician burnout was at an alarming level long before COVID-19. We are fortunate that healthcare leaders and systems came together to acknowledge and begin to address the issue," said **Dr. David A. Rosman, president of the Massachusetts Medical Society.** "During the pandemic, members of the health team demonstrated their unwavering commitment to their patients, no matter the risk. It turned out that the risk was more than COVID-19 – working to the brink of exhaustion and despair, mental health has been pushed to and in some cases over the edge. This commitment to addressing burnout and deploying institutional improvements is a critical step in assuring that clinicians and all healthcare teams are able to deliver care to our patients through the pandemic and beyond."

The TFPB has outlined some its findings in its publications <u>Changing the EHR from a Liability to an Asset to Reduce Physician Burnout</u> and <u>A Crisis in Health Care: A Call to Action on Physician Burnout</u>. The group's work also aligns closely with the work of MHA's Caring for the Caregiver Task Force, which focuses on challenges relating to worker safety, wellbeing, engagement, and development and deployment of staff. A recently released Caring for the Caregiver Task Force Report, which includes information about clinician burnout provided with MMS leadership, is available on MHA's *PatientCareLink* site.



57.

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Lahey Clinical Performance Accountable Care Organization

Lahey Hospital & Medical Center

Lawrence General Hospital



21)

CEO/CMO Clinician Burnout Commitment Letter Signatories (as of 3/31/2021)			
1	AdCaro Hospital	60.	Lowell General Hospital
1. 2.	AdCare Hospital	61.	Lowell General Physician Hospital Organization
3.	Anna Jaques Hospital Atrius Health	62.	Martha's Vineyard Hospital
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4.	Baycare Health Partners, Inc.	63.	Mass General Brigham Community Physicians
5.	BayRidge Hospital	64.	Mass General Brigham
6.	Baystate Franklin Medical Center	65.	Massachusetts Eye and Ear
7.	Baystate Medical Center	66.	Massachusetts General Hospital
8.	Baystate Noble Hospital	67.	Massachusetts General Hospital Physicians Organization
9.	Baystate Wing Hospital	68.	McLean Hospital
10.	Berkshire Health Systems	69.	MelroseWakefield Healthcare
11.	Beth Israel Deaconess Care Organization	70.	Mercy Medical Center
12.	Beth Israel Deaconess HealthCare	71.	MetroWest Healthcare Alliance
13.	Beth Israel Deaconess Hospital – Milton	72.	MetroWest Medical Center
14.	Beth Israel Deaconess Hospital – Needham	73.	Milford Regional Medical Center
15.	Beth Israel Deaconess Hospital – Plymouth	74.	Milford Regional Physician Group
16.	Beth Israel Lebest Health	75.	Mount Auburn Cambridge Independent Practice Association
17.	Beth Israel Lahey Health	76.	Mount Auburn Hospital
18.	Beth Israel Lahey Health Performance Network	77.	Nantucket Cottage Hospital
19.	Beverly and Addison Gilbert Hospitals	78.	New England Baptist Hospital
20.	Boston Children's Hospital	79.	New England Quality Care Alliance
21.	Boston Medical Center	80.	Newton-Wellesley Hospital
22.	Boston University Medical Group	81.	Newton-Wellesley Physician Hospital Organization
23.	Brigham and Women's Faulkner Hospital	82.	North Shore Medical Center
24.	Brigham and Women's Hospital	83.	Northeast Hospital Corporation
25.	Brigham and Women's Physicians Organization	84.	Northeast Physician Hospital Organization
26.	Cambridge Health Alliance	85.	Partners Continuing Care
27.	Cambridge Health Alliance Physicians Organization	86.	Partnership for Health in the Berkshires
28.	Cape Cod Healthcare ACO	87.	Pediatric Physicians' Organization At Children's
29.	Cape Cod Hospital	88.	Pentucket Medical Associates
30.	Circle Health	89.	Physician Performance LLC
31.	Coastal Medical	90.	Physicians' Organization At Children's Hospital
32.	Congenial Healthcare	91.	Reliant Medical Group
33.	Cooley Dickinson Health Care	92.	Saint Vincent Hospital
34.	Cooley Dickinson Physician Hospital Organization	93.	Shriners Hospitals for Children – Boston
35.	Core Physicians	94.	Shriners Hospitals for Children – Springfield
36. 37.	Curahealth Stoughton	95. 96.	Signature Healthcare
	Dana-Farber Cancer Institute		Signature Medical Group
38. 39.	Edith Nourse Rogers Memorial Veterans Hospital	97. 98.	South Shore Health Southcoast Health
40.	Emerson Hospital	98. 99.	Southcoast Health Network
40. 41.	Emerson Physician Hospital Organization	100.	
42.	Encompass Health Rehabilitation Hospital of Braintree Encompass Health Rehabilitation Hospital of Western	100.	Southcoast Physicians Group
42.	Massachusetts	101.	Spaulding Rehabilitation Network Sturdy Memorial Hospital
43.	Fairlawn Rehabilitation Hospital	102.	,
43. 44.	Fairview Hospital	103.	Trinity Health Of New England Tufts Medical Center
45.	Falmouth Hospital	104.	Tufts Medical Center Children's Hospital
45. 46.	Family Medicine Associates of South Attleboro PC	105. 106.	Tufts Medical Center Community Care
40. 47.	Franciscan Children's	100.	Tufts Medical Center Physicians Organization
48.	Hallmark Health PHO	107.	UMass Memorial Accountable Care Organization
49.	Harrington HealthCare System	108.	UMass Memorial Health Care
50.		110.	
50. 51.	Harrington Hospital PHO Harvard Medical Faculty Physicians	110.	UMass Memorial HealthAlliance-Clinton Hospital UMass Memorial Marlborough Hospital
51. 52.	Hebrew Rehabilitation Center	111.	UMass Memorial Medical Center
52. 53.	Hebrew SeniorLife	112. 113.	UMass Memorial Medical Group
53. 54.	Heywood Healthcare (includes Heywood Hospital and Athol	113. 114.	· · · · · · · · · · · · · · · · · · ·
J -1 .	Hospital)	114.	VA Bedford Healthcare System VA Boston Healthcare System
55.	Heywood Physician Hospital Organization	115. 116.	Vibra Hospital of Southeastern Massachusetts
56.	Highland Healthcare Associates IPA	110. 117.	Vibra Hospital of Western Massachusetts
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Wellforce

Winchester Hospital

Winchester Physician Hospital Association





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About the Massachusetts Medical Society (MMS):

The Massachusetts Medical Society (MMS) is the statewide professional association for physicians and medical students, supporting 25,000 members. We are dedicated to educating and advocating for the physicians of Massachusetts and patients locally and nationally. A leadership voice in health care, the MMS contributes physician and patient perspectives to influence health-related legislation at the state and federal levels, works in support of public health, provides expert advice on physician practice management, and addresses issues of physician well-being. Under the auspices of the NEJM Group, the MMS extends our mission globally by advancing medical knowledge from research to patient care through the New England Journal of Medicine, NEJM Catalyst, and the NEJM Journal Watch family of specialty publications, and through our education products for health care professionals: NEJM Knowledge+, NEJM Resident 360, and our accredited and comprehensive continuing medical education programs.

About the Massachusetts Health & Hospital Association

The Massachusetts Health & Hospital Association (MHA) serves as the unified voice for Massachusetts hospitals and healthcare providers. Founded in 1936, MHA represents over 100 hospitals, healthcare partners, and patients across the state. Through advocacy, education, and collaboration, MHA's mission is to improve the overall health of the commonwealth and support providers' efforts to offer high-quality, affordable, and accessible care.

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