

Sample Acute Sinusitis Treatment Protocol

Provided by Fallon Clinic, now Reliant Medical Group

Consider antibiotic treatment for patients with symptoms of sinusitis lasting more than **seven** days as follows:

- Purulent nasal discharge
- Sinus pain and/or tenderness
- Pain extending into the maxillary teeth without evidence of dental disease
- Sinus symptoms that improve for a few days and then worsen
- Confirmatory sinus x-rays obtained at least one week after symptom onset (not mandatory for diagnosis)

This campaign is based on the guiding principles of an expert panel organized by the Centers for Disease Control and Prevention with representatives from the American Academy of Family Physicians, the American College of Physicians, and the Infectious Disease Society of America (Annals of Internal Medicine 2001;134:479-529). This information is not a substitute for a credentialed provider's experience and education. When treating any patient, please use your own independent medical judgment.