

Over-the-Counter Therapy Suggestions

Patient's Name: _____ Date: _____

ALLERGY, COUGH/COLD

_____ Afrin Nasal Spray/oxymetazoline
_____ Benadryl/diphenhydramine
_____ Chloraseptic Spray
_____ Chlor-Trimeton/chlorpheniramine
_____ Claritin/loratadine
_____ Delsym
_____ Mucinex
_____ Nasalcrom
_____ Nyquil
_____ Ocean/saline spray
_____ Robitussin Syrup/guaifenesin
_____ Robitussin DM/guaifenesin DM
_____ Scot-Tussin Expectorant/DM
_____ Sudafed/pseudoephedrine
_____ Tavist/clemastine
_____ Theraflu
_____ Triaminic Syrup
_____ Tussin Syrup/Tussin DM

ANALGESICS

_____ Advil/ibuprofen
_____ Aleve/naproxen
_____ Aspirin EC 325mg/
Buffered 325 mg
_____ Aspirin EC 81mg
_____ Capsaicin Cream 0.02%
_____ Ecotrin
_____ Exedrin Migraine
_____ Glucosamine/Chondroitin
_____ Icy Hot
_____ Midol Max. Str. Gelcaps
_____ Motrin-IB/ibuprofen
_____ Motrin Suspension
_____ Tylenol Tab/Chew/Drops/
Elix/Extra Str.

ANTACIDS

_____ Gaviscon
_____ Maalox/antacid liquid
_____ Mylanta/antacid liquid
_____ Mylanta II/antacid double str.
_____ Pepcid AC/famotidine
_____ Prilosec OTC
_____ Tagamet HB/cimetidine
_____ Tums/calcium antacid
_____ Zantac/ranitidine

ANTIARRHEAL/GAS

_____ Beano
_____ Gas X/gas relief
_____ Imodium/antidiarrheal
_____ Pepto Bismol/stomach relief

ANTIFUNGALS

_____ Lamisil
_____ Lotrimin/clotrimazole
_____ Micatin/miconazole
_____ Tinactin/tolnaftate

CALCIUM SUPPLEMENTS

_____ Caltrate/Caltrate D/
calcium carbonate
_____ Citracal/Citracal D/
calcium carbonate
_____ Os-Cal/Os-Cal D/calcium carbonate
_____ Viactiv

HEMORRHOIDAL PREPARATION

_____ Preparation H Cream
_____ Tucks Pads/Cream

LAXATIVES/STOOL SOFTENERS

_____ Colace/docusate sod
_____ Dulcolax Tabs/bisacodyl
_____ Fleet Enema
_____ Fleet Laxative Suppository
_____ Glycerin Suppositories
_____ Magnesium Citrate
_____ Metamucil/natural fiber laxative
_____ Milk of Magnesia
_____ Mineral Oil
_____ Peri Colace/docusate-cas
_____ Senokot/senna-c

SKIN RASH PREPARATIONS

_____ Aveeno
_____ Benadryl Cream/diphenhydramine
_____ Bluboro Packets
_____ Caladryl Lotion
_____ Calamine Lotion Plain
_____ LacHydrin 12% Lotion/amlactin

VAGINAL ANTIFUNGALS

_____ Gyne-Lotrimin-3/clotrimazole
_____ Monistat-7/miconazole
_____ Mycelex-7/clotrimazole
_____ Vagistat-1

OTHER

Prescriber: _____

Special Instructions: