## Volunteerism: You Don't Know What You Don't Know

Wednesday, October 25, 2023, 6:00 - 8:30 pm



The **HYBRID event** is hosted by the Committee on Senior Physicians and Committee on Senior Volunteer Physicians.

Are you interested in volunteering, but have questions and want to hear from others? This event is for you if you:

- are still working and have little free time
- are overwhelmed with options and wonder about the best fit
- have an active medical license but no malpractice insurance
- have no active medical license and no malpractice insurance
- want to know how best to participate in a disaster response and/or medical mission locally and globally

#### Learn more about:

- free health care programs in Massachusetts that help the uninsured and underserved
- other programs (e.g. non-clinical, non-direct patient care)
- health related emergencies and events on state-wide and local levels
- global (e.g. disaster or mission-based)

The event is designed to answer questions, inform attendees, and inspire volunteer service.

#### **Awards**

Four MMS senior physician members will be honored as 2020 – 2023 Senior Volunteer Physician of the Year Awardees.

#### We welcome participation from

- MMS members and spouse/significant other/guest
- Non-member: physicians, residents/fellows, medical students, allied health professionals

## **Registration** (select one):

- In-person: \$25 (dinner & networking included); register at massmed.org/VolunteerismIP102523
- Virtual: free; register at massmed.org/Volunteerism102523

#### **IN-PERSON** Registration Fees (includes dinner and networking)

- MMS Member Physicians: \$25
- Non-MMS Member Physicians: \$25
- MMS Member Resident/Fellow/Medical Student: Free
- Non-MMS Member Resident/Fellow/Medical Student: \$25
- Advanced Care Practitioners/Other Health Care Professionals/Others: \$25

The hybrid event is sponsored by GW&K Investment Management, an MMS Corporate Partner.

"GW&K has managed my bond portfolio for many years. I've been most pleased with their return and the resulting peace of mind that their personal orientation affords." ~MMS member

# Agenda

## 5:30 p.m. Check-in and Networking Dinner



6:10 p.m.

Welcome

Sally Sveda, MD Chair, MMS Committee on Senior Physicians

## 6:20 p.m. MMS Senior Volunteer Physician of the Year Awards

Rajendra Trivedi, MD Chair, MMS Committee on Senior Volunteer Physicians

- 2020: Jane Lochrie, MD, medical director, St. Anne's and St. Peter's Free Medical Programs
- 2021: Joel Popkin, MD, volunteers at St. Anne's
- 2022: Stephen Wittenberg, MD, volunteers at Volunteers In Medicine (VIM) Berkshires
- 2023: David Bechtel, MD, medical director and volunteer at Gratis Healthcare

# 6:40 p.m. Panel Discussion re: You Don't Know What You Know about different aspects of volunteerism

Facilitators: Sally Sveda, MD and Rajendra Trivedi, MD

#### Panelists:

- David Bechtel, MD
- Brian Lisse, MD
- Jane Lochrie, MD
- Hannah Parker, MD
- Sahdev Passey, MD

7:30 p.m. Q&A

8:00 p.m. In-Person Networking

8:30 p.m. Adjourn

## **Panelist Biographies**





## David Bechtel, MD

Dr. David Bechtel graduated from Tufts Medical School in 1978 after spending several years in education and medical research. His first volunteer medical experience took place during his residency as a general medical officer at the Cambodian refugee camp at Khao-I-Dang in Thailand.

Boarded in Internal Medicine and Emergency Medicine, Dr. Bechtel spent most of his career in the Emergency Department at Lahey Hospital and Medical Center in

Burlington. Intimately involved in resident education, he was an Assistant Professor at Tufts and served as Site Director for the Emergency Medicine Residency Program at Boston Medical Center. He had also worked in Urgent Care at Signature Healthcare.

Within a short time of leaving Lahey, Dr. Bechtel began volunteering at Open Door in Hudson and Metrowest Free Medical Program in Sudbury where he served as Medical Director for 10 years.

In the spring of 2021, he along with a large group of volunteer physicians and allied health professionals founded a new free health care program, Gratis Healthcare, to provide much needed telehealth services during COVID. Based in Framingham, Dr. Bechtel is the Medical Director. These programs now provide in-person and telehealth medical and mental health services to indigent and immigrant populations from Brazil, Central America, and elsewhere, the uninsured and under-insured.

He was a member of the MMS Committee on Senior Volunteer Physicians. He is the 2023 MMS Senior Volunteer of the Year Awardee.

Enjoying retirement with his wife, Susan, three children, and 3 grandchildren, Dr. Bechtel is physically active, happily watches his grandkids grow, and tends his gardens and his bees.



# Brian Lisse, MD

Dr. Brian Lisse graduated from Georgetown University School of Medicine in 1980. He has practiced both primary care internal medicine and emergency medicine in both inner city and rural community health centers in California and Massachusetts. With a group of Tufts medical students, he founded The Sharewood Project, a free health care program, in Malden. He also started a hospice elective and a Nicaragua Medical Mission elective at Tufts, where he has been clinical faculty since 1992.

In 2012, his focus shifted from Nicaragua to Malawi, where he co-founded Bridges to Malawi, a Massachusetts based nonprofit dedicated to helping the 850,000 people of the Kasungu District in Malawi, Africa and one of the poorest countries in the world.

Dr. Lisse is an Associate Clinical Professor of Emergency Medicine at Tufts University School of Medicine and Adjunct Professor of Family and Community Medicine at UMASS Chan Medical School.

He is also the Medical Director of the Epworth Free Clinic in Worcester and a volunteer attending physician at the MetroWest Free Clinic in Marlboro. He has spent much of the last 14 months caring for Ukrainian refugees in Poland. He also helps his wife Cindy DeRuyter, RN, at the soup kitchen she runs in Hudson, MA, where they live.



Dr. Jane Lochrie began her medical career as a staff nurse in 1972 and then as a Pediatric Nurse Practitioner. In 1983, she graduated from the University of Massachusetts Medical School. She has maintained her faculty position as Professor of Medicine at the University of Massachusetts.

Dr. Lochrie practiced as a general internist for the Fallon Clinic/Reliant Medical Group from 1986 until 2017. In addition, she held many teaching positions from Site Director of Medical Student Education at Saint Vincent Hospital, and Associate Program Director and Program Director for the Internal Medicine Residency Program, from which she retired in March of 2018. She is co-director of the Healer's Art Program at University of Massachusetts Medical School.

Dr. Lochrie served in multiple leadership positions including President of the Medical Staff and Chair of the Bylaws Committee at St. Vincent Hospital. She was the cofounder of the Women's Health Clinic for then Fallon Clinic.

An active member of the MMS, Dr. Lochrie is a past president of the Worcester District Medical Society (WDMS) from 2008-2010 and recently stepped down as the Editor of Worcester Medicine, a high-profile medical journal of WDMS.

Dr. Lochrie has a passion for serving the underserved population. This is best exemplified by her 27 years of volunteering weekly at the St. Anne's Free Medical Program where she is the Medical Director. She was instrumental in opening the St. Peter's Free Medical Program in 2020 where she is also the Medical Director. Dr. Lochrie has participated in mission trips to Haiti and Guatemala where she continues to help educate and care for those in great need.

Dr. Lochrie is the recipient of numerous honors and awards, including the WDMS Jane A. Fitzpatrick Award for Community Service, the 2014 St. Vincent Hospital Pillar Award for Community Service, the 2015 American College of Physicians Humanism Award, the 2018 Leonard Tow Humanism in Medicine Award and the 2020 MMS Senior Volunteer of the Year Award.



## Hannah Parker, MD

Dr. Hannah Parker is certified by the American Board of Obstetrics and Gynecology and is a Fellow of the American College of Obstetricians and Gynecologists.

For the past 12 years, she worked as a generalist ob-gyn at a private practice affiliated with Brigham & Women's Hospital. She has also worked in an ob-gyn faculty practice at the Beth Israel Deaconess Medical Center for 4 years after residency. In 2007, a family move took her to London, United Kingdom while she took a leave from clinical medicine to raise her young children. Returning to the US,

she re-entered clinical practice and joined Commonwealth OB/GYN in 2011. She is an Instructor at Harvard Medical School.

Dr. Parker's interests include building healthy communities for mothers and their infants/young children that support breastfeeding, positive childrearing models and supportive social networks. Over the years, she volunteered in many capacities in her community including being a health advisor for a local preschool,

bookfair organizer at a local elementary school and volunteer coordinator/board member of a youth sports organization. Since the Covid pandemic, she joined her local Medical Reserve Corps in Brookline, MA to assist local health and safety officials in medical activities.



# Sahdev Passey, MD

Dr. Sahdev Passey is an International Medical Graduate from India and is a board-certified pediatrician in private practice at Quality Kids Kare in Worcester since 1978 and on the faculty of the University of Massachusetts Medical Center, Department of Pediatrics for 36 years.

The Free Health Stop at the India Center in Shrewsbury, MA was started in 2005 under the successful visionary leadership of Dr. Passey, Medical Director, providing free health care to the underserved and uninsured community. He was also the president of

Worcester Free Care Collaborative in 2021-2023.

Dr. Passey is involved in multiple ethnic, social-cultural and organized medicine activities including being the past president of the India Society of Worcester (1991-1994), chairperson, Bylaws Committee of Indian Medical Association of New England (IMANE) and a founding Board of Director of the Southeast Asian Coalition of Central Massachusetts since 2001. He was the chairperson of the India Day Festival for the India Society of Worcester from 1989 - 2005 and the Asian Festival since 2004.

A member of the MMS since 1988, Dr. Passey is active as a Board of Trustee member, the House of Delegates and various committees. He was the past President of the Worcester District Medical Society (WDMS) in 2018 - 2020. Dr. Passey is the 2019 MMS Senior Volunteer Physician of the Year Awardee.

Widely active in the community as a "dynamic and visionary leader and an unsung hero of the community in Worcester", Dr. Passey has been honored with several awards including the Key to the City of Worcester in 1994, the Community Service Award from IMANE in 1998, the Community Clinician Of The Year Award from the MMS WDMS in 2008 and a citation for Community Service by Governor Weld of Massachusetts in 1992.

Dr. Passey and his wife received the prestigious 2022 President Lifetime Achievement Award for Volunteerism from President Joe Biden.

Dr. Passey enjoys watching Patriots, Celtics, Red Sox and Woo Sox play. He is very happily married for 48 years to his wife, Carolyn and has three children, seven grandsons and one granddaughter.