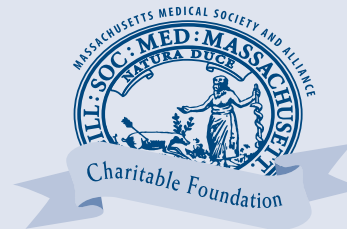




We are your Foundation.

Supporting Physicians, Patients, and Communities



Massachusetts Medical Society and
Alliance Charitable Foundation

2009 Annual Report

Cover Photo: International Health Studies grant recipient Helen Moreira examines a young woman with a slit lamp. Ms. Moreira worked with local ophthalmologists traveling to remote villages in the province of Bihar, India, to provide basic eye screening and treatment.



Massachusetts Medical Society and
Alliance Charitable Foundation
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HISTORY

In May of 2000, the Massachusetts Medical Society (MMS) House of Delegates established the MMS and Alliance Charitable Foundation as a supporting organization of the MMS. The Foundation, a not-for-profit 501(c)(3) organization, is a mechanism for consolidating the MMS’s charitable giving into one entity, building on the activities of the former MMS Committee on Community Action and the MMS Alliance Charitable and Educational Fund.

MISSION

The mission of the Foundation is to support the charitable and educational activities of the MMS and the MMS Alliance, including, but not limited to, developing and nurturing cooperation between individuals, professions, institutions, and the community to creatively address issues that affect the health, benefit, and welfare of the community.

Message from the Chair



Dear Colleague:

The Massachusetts Medical Society and Alliance Charitable Foundation works on behalf of physicians and their families to improve the health and well-being of the community. *We are your Foundation.*

Since its inception in May of 2000, the Foundation has worked diligently to make a difference in the lives of people across Massachusetts. Generous contributions from individuals, corporations, district medical societies, and alliances have allowed us to award more than \$1.7 million to programs addressing unmet health care needs.

Our success is measured by the quality of our giving, and there is no doubt that the Foundation has changed many lives for the better. The organizations we fund address the harsh reality of health disparities among the underserved. Our applicants seek to serve the most vulnerable populations: the uninsured, chronically ill, homeless, and abused.

This past year, we received a record number of funding requests. Unfortunately, in tough economic times, the needs of those less fortunate do not dissipate; they grow exponentially.

As the charitable voice of physicians, we have the unique ability to review applications with a medical perspective and commitment to a healthy community. We are dedicated to making sure funds are spent prudently and that the programs supported will have a positive impact on the health of Massachusetts residents.

Please consider making a tax-deductible contribution today. Your generosity will allow us to continue to fulfill our mission, and because of the extraordinary support the Foundation receives from the Society, 100 percent of your contribution is directed to grant-making activities. *Your donation will never be used to fund overhead or administrative expenses.*

Thank you for your support. Together, we will continue to improve the health of people and communities in the Commonwealth.



Vanessa P. Kenealy, JD

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Partnership

At its Annual Meeting in May of 2000, the MMS House of Delegates adopted policy establishing an educational and service partnership between the MMS and the Albert Schweitzer Fellowship Program (ASFP). Since 2002, the Foundation has been responsible for managing a \$25,000 directed donation for the partnership. Each July, the ASFP submits a grant application to the Foundation, and the directors conduct an independent review and evaluation of the proposal.

The ASFP received \$25,000 in September of 2008 from the Foundation to support the Boston Schweitzer Fellows Program, one of ten such programs in the United States. The Boston program has been in existence since 1991 and has provided service opportunities and training in community work to more than 400 fellows.

The 2008–2009 Boston Schweitzer Fellows submitted their final reports in May of 2009. Among the 30 fellows that completed the fellowship, five were medical student fellows supported by the Foundation. A summary of their projects follows.

**Matthew Bartek and Abraham Jaffe,
University of Massachusetts Medical School**

Matt and Abraham worked on the Akwaaba Health Initiative, a community-based effort designed to address unmet health needs of Worcester's African-immigrant population. This collaborative effort between community members and medical school faculty and students has at its center the Akwaaba Free Health Clinic, which delivers culturally competent care to patients who lack access. Abraham and Matt oversaw the opening of the clinic in April of 2008 and served as clinic managers, ensuring that supplies and staff were in place each week for clinic and helping to create a plan for Akwaaba's growth. They helped to form a board of directors consisting of community leaders and medical staff to provide strategic guidance for the clinic. They also created a larger "Friends of Akwaaba" network to help support and promote the mission of the clinic and improve the health of the African-immigrant community in Worcester. In the time since the clinic's opening, there have been over 500 patient visits to the Akwaaba Clinic, with

available services including physician visits, women's health visits (including Pap smears and breast exams), free and anonymous HIV testing, blood work and select labs, aid with insurance enrollment, and counseling on how to access other area health care providers. In his final report, Abraham highlighted the personal impact the clinic had on a patient.

"One personal story I would like to share about my experience with the clinic involves an elderly woman who came to the clinic seeking care for her advanced arthritis that was making it very difficult and painful to walk. She met with Dr. Harvey Clermont, and he diagnosed her with osteoarthritis. He prescribed some medications to help with the pain and explained to her that her hip joint was very worn down and that she would most likely be in pain unless she opted for a total hip replacement. The thought of surgery was too much for her, but she was open to using a cane if it would help her get around. I helped her find a cane in our storage room and got her a walker, too, that she said she wouldn't use. The cane seemed like a good fit, and she quickly adapted to using it. She was very appreciative of all the help we gave her. She held my hand and thanked me for what had seemed like such a small task for me to do — finding a cane in the back room. But she was thankful that we were there to help, as she had no where else to go and had been suffering for a while in pain. She asked for my phone number, and I gave it to her, telling her to call if she any questions or issues. She came back to the clinic a few times to be seen for other ailments and to get a refill of her meds. She always was so enthusiastic, positive, and would always hold my hand in thanks."

Partnership

Michael Dyer, Harvard Medical School

Mike collaborated with the Boston Alliance of Gay, Lesbian, Bisexual, and Transgender Youth (BAGLY) to offer health education and risk reduction services to gay, lesbian, bisexual, and transgender (GLBT) youth in the greater Boston area. One of his responsibilities was to provide HIV testing and counseling at BAGLY's weekly meetings and events. Mike also worked with BAGLY's Speaker's Bureau to develop a youth-led forum for medical students regarding health care for GLBT youth. In his final report, Mike discussed how he was able to increase the capacity of BAGLY while a fellow.

"As a Schweitzer fellow, I have also helped expand HIV counseling and testing services. Counseling and testing used to be offered every other week but is now offered at each meeting. I serve as the tester and counselor at every other meeting. We have also started offering counseling and testing at our larger events. At the Halloween dance, where over 1,000 youth were in attendance, we conducted over twenty counseling and testing sessions with youth, most of whom do not normally attend our weekly meetings and therefore don't have access to our testing services at these meetings."

Pichamol Jirapinyo, Harvard Medical School

Pichamol and her co-fellow Benjamin Easter coordinated the Boston Asthma Swim Program. This program works with asthmatic elementary school students from Boston's Chinatown neighborhood. Every week, students and volunteers met for both an educational session and a swimming lesson.

Students learned the basics of respiratory physiology, asthma care, and healthy lifestyle decisions. The exercise component empowered children to pursue a lifetime of physical fitness. In her monthly reports, Pichamol described what the children learned about their own health.

"In November, the classroom portion is spent on teaching the children the pathophysiology of asthma attacks. The children get more used to measuring their lung capacities using the peak flow meters... In January, the curriculum focuses more on asthma triggers. A lot of activities were planned to make sure that the children were able to identify daily asthma triggers so that they can avoid getting close to them."

Esohe Oluoba, Boston University Schools of Medicine and Public Health

Esohe worked with the Refugee and Immigrant Health Program in Jamaica Plain to develop a women's health curriculum that is culturally sensitive to new immigrants from Somalia. Her project was part of a comprehensive approach designed to empower women to understand and advocate for their own health, particularly in the areas of domestic violence, family planning, and sexually transmitted infections.

ABOUT THE FELLOWSHIP

Throughout the year, fellows actively participate in monthly fellowship activities focused on their development as "leaders in service" and were each responsible for working with a small group to organize a public outreach activity. Fellows meet monthly for two and a half hours and for two half-day retreats to address a range of topics related to health, community project design, community work, cross-cultural issues, and Albert Schweitzer and his work and philosophy. The series of public outreach activities aim to educate students in health-related fields, professionals, and/or the general public about current local health disparities and unmet health needs; strengthen existing links among Schweitzer Fellows Program participants, community agencies, and professional schools; identify new community organizations and other partners that the Schweitzer Fellows Program may collaborate with in the future; help fellows develop leadership, organizational, and team-building skills useful in future public education activities; and provide fellows with an experience of collaborative and shared responsibility within a small interdisciplinary group. This year's fellows organized and participated in six public outreach activities.

2008–2009 Grants

The Foundation currently administers the following grant programs:

- **Community Action** funds programs that creatively address issues affecting the health and well-being of the community.
- **Care for the Medically Uninsured** supports physician-led volunteer initiatives to provide free care to uninsured patients and increase access to care for the medically underinsured.
- **International Health Studies** provides funding for medical students and resident physician members of the MMS to pursue international education that focuses on underserved populations.

COMMUNITY ACTION AND CARE FOR THE MEDICALLY UNDERINSURED

Ecu-Health Care, Inc. — \$15,000 to support health insurance outreach, enrollment, and access to care services for underinsured residents of North Berkshire County

Father Bills and MainSpring — \$10,000 to extend the hours of operation at MainSpring clinic to provide routine medical care to homeless men and women in Brockton

Friends of Boston's Homeless — \$20,000 to support daytime services targeting chronic, long-term homeless individuals in Boston at the Woods Mullen Shelter

Health Awareness Services — \$8,000 to expand family planning health care, screening, and treatment for sexually transmitted diseases, HIV counseling and testing, community health education, and HIV case-management services in the City of Marlborough and surrounding towns

Holyoke Health Center — \$15,000 to support the Healthy Weight for Women project for Latina women in Holyoke

MetroWest Free Medical Program — \$25,000 for a clinical manager to support volunteer physicians and others in an effort to expand capacity and services to the underinsured in the Framingham/MetroWest communities



Paul Hart, MD, medical director for the MetroWest Free Medical Program, examines a patient.

Open Door Free Medical Program — \$10,000 to support the Chronic Disease Project, a Hudson program run by volunteer physicians, nurses, and medical students trying to improve diagnosis management of hypertension and diabetes

Project Bread — \$10,000 for its Boston Healthy Food Partnership, a collaborative demonstration project which targets 2,000 low-income students in three Boston Public Schools

2008–2009 Grants



Sara Borch, MD, (left) reviews an EKG with medical student Mark Turshen (M'12) and volunteer Xiaojing Huang.

Sharewood Project — \$7,500 to expand urgent and primary health care services from volunteer medical students at the Malden clinic for the underserved of Greater Boston

Volunteers in Medicine Berkshires — \$20,000 for a family nurse practitioner who will provide medical evaluation, treatments, and preventive health education to the underinsured and uninsured residents of the southern Berkshire region

INTERNATIONAL HEALTH STUDIES

Lindsay Kim, MD, MPH — a second-year primary care resident at Beth Israel Deaconess Medical Center who will work to increase access to HIV care to rural Liberians, as well as provide primary care to the HIV population through the HIV Clinic at Tubman Memorial Hospital. Additionally, she will travel to remote areas to educate, screen, and treat those at risk for HIV infection.

Evgeniy U. Kreydin — a fourth-year medical student at Harvard Medical School who will work in a pediatric clinic in Dnepropetrovsk, Ukraine, as well as in rural clinics surrounding the city, and will evaluate, diagnose, and treat pediatric patients utilizing limited medical resources. The work will concentrate on children with congenital urologic abnormalities.

Helen Moreira — a fourth-year medical student at the University of Massachusetts Medical School who, through Unite for Sight, will work with local ophthalmologists traveling to remote villages in the province of Bihar, India, providing basic eye screening and treatment. For those in need of surgery, transportation to the local hospital and surgery will be provided free of charge. Ms. Moreira will assist with surgery and participate in eye screenings at local schools.

Evangeline Thibodeau, MD — a fourth-year internal medicine resident at Tufts Medical Center who will conduct a research study on HIV-infected adult men and women who are registered on the HIV patient databases of two community outreach programs providing health care in the Vellore district of Tamil Nadu, India, to determine barriers to care.

Since its inception, the Foundation has awarded more than 1.7 million dollars to 61 organizations in Massachusetts to address the unmet health care needs of the most vulnerable populations. Additionally, the Foundation has awarded grants to 37 medical students and residents for volunteer work in 22 areas around the world.

Our Supporters

The Foundation gratefully acknowledges the following individuals and organizations for their generous support from June 1, 2008, to May 31, 2009.

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Charles River District Medical Society
Greater Worcester Community Foundation
Lawrence Memorial Hospital
Massachusetts Medical Society
Massachusetts Medical Society Alliance
Middlesex Central District Medical Society
Norfolk South District Medical Society
Occupational & Environmental Medical Association of Connecticut
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Plymouth District Medical Society
Sturdy Memorial Foundation, Inc.
Suffolk District Medical Society
Suffolk/Norfolk District Medical Society Alliance
Worcester North District Medical Society

LEADERSHIP CIRCLE

Individual Gifts of \$1,000 or More

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Individual Gifts Less than \$1,000

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*Every effort has been made to ensure the accuracy of this report.
We apologize if we have inadvertently omitted any names.
Please notify us of any discrepancies.*

A gift in tribute is a thoughtful way to celebrate a birthday, anniversary, or other joyous event, or to honor the memory of a relative or friend. We thank all who chose to support the Foundation in this way. Listed below are people in whose honor or memory gifts were received.

IN HONOR OF...

Bruce S. Auerbach, MD
Frank Cecchin, MD
John M. Crowe, MD
Kenneth Heisler, MD
B. Dale Magee, MD
David Smith

IN MEMORY OF...

Brooke Ruth Donohue
William B. Patterson, MD
James Ryan, MD
Robert Schreiner, MD
Adelle Shestakofsky
James M. Young, MD

Silent Auction

The Foundation's fifth annual silent auction was held on Friday, May 8, 2009, at the Seaport Hotel in Boston. The auction was held in conjunction with the Nancy N. Caron Annual Member Art Exhibit, sponsored by the MMS Arts, History, Humanism, and Culture Member Interest Network.

For a number of years, the exhibit has provided a unique opportunity for members and their families to share their artistic talents. Their self-expression explores varied mediums and has been influenced and shaped by a variety of fascinating experiences. For the fifth year, artists were invited to donate their works for the silent auction to benefit the Foundation. Sixty-one (61) pieces of art were on display, with 28 of those for the Foundation's silent auction. In addition, we received 20 additional items for placement in the silent auction. The event was an enriching experience, and close to \$6,000 was raised to support the Foundation and its activities.



Thank you to the following individuals and organizations who donated items for the silent auction:

Edward Amaral, MD
Paul Berman, MD
Beatrice Igne-Bianchi
Jonathan Igne-Bianchi
Margaret Igne-Bianchi
Hubert I. Caplan, MD
Gladys Chan
Robert Coit, MD
Patricia Downs Berger, MD
Jack T. Evjy, MD
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Bose Corporation
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Boston Pops Orchestra
Cape Ann Historical Museum
Cape Cod Symphony Orchestra
Colonial Theatre — Pittsfield
DeCordova Museum and Sculpture Park
French Library Alliance
Française of Boston
Harvard Art Museum
Heritage Museum & Gardens
Huntington Theatre Company



The Institute of Contemporary Art
Isabella Stewart Gardner Museum
JFK Presidential Library & Museum
Norman Rockwell Museum
Worcester Art Museum
Zoo New England

Thank you to the following winning bidders for their generous support of the work of the Foundation:

Mary Kay Albert
Robyn F. Alie
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Steve Phelan
Linda Rosen
Candace L. Savage

Financials

AUDITED STATEMENT OF ACTIVITIES JUNE 1, 2008, TO MAY 31, 2009

REVENUE*	2008	2009
Community Action	125	125
Care for Medically Uninsured	50	50
International Health Studies	4	3
Patterson Fund	4	1
Endowment	3	3
Other	74	75
Management & General	8	8
Total Contributions	268	265

OTHER REVENUE*	2008	2009
Interest Income	2	2
Endowment Investment Activity	20	(141)
Total Revenues	290	126

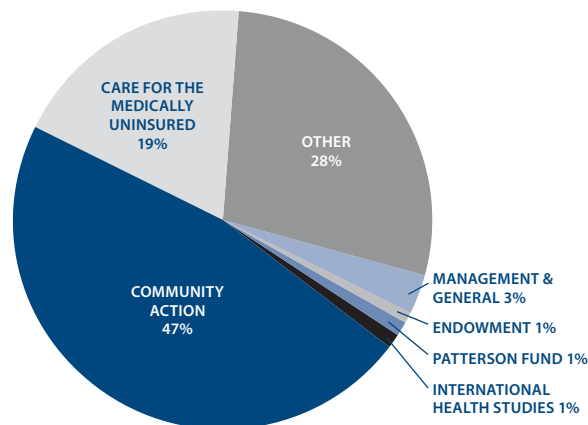
EXPENSES*	2008	2009
Community Action Grants	55	68
Care for Medically Uninsured Grants	67	98
International Health Studies Grants	5	3
Safe Delivery	16	0
Other Grants	26	10
Management & General†	8	6
Total Expenses	177	185
Excess of Revenues Over Expenses	113	(59)
Net Assets, Beginning of Year	917	1,030
Net Assets, End of Year	1030	971

*In thousands of dollars

†The MMS provides an additional contribution to the Foundation to cover management and general expenses (see "Revenue").

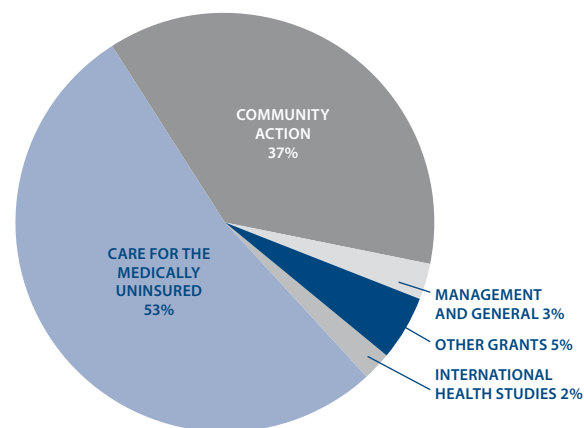
CONTRIBUTION REVENUE / FISCAL YEAR 2009

Total \$265,000



EXPENSES / FISCAL YEAR 2009

Total \$185,000



Because of the extraordinary support the Foundation receives from the Massachusetts Medical Society, we are able to keep our overhead expenses extremely low. As a result, those who give to the Foundation can be assured that 100% of their contribution goes where it is needed most — to address issues that affect the health and well-being of the community.



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