Family Tree of Obesity

RESPIRATORY SYSTEM
- Sleep Apnea
- Adult-Onset Asthma
- Hypoxia

REPRODUCTIVE SYSTEM
- Infertility
- Polycystic Ovarian Syndrome
- Pregnancy Complications
- Menstrual Irregularity

MUSCULOSKELETAL SYSTEM
- Osteoarthritis
- Gout
- Hernias
- Lower Back Pain

CARdiovascular SYSTEM
- Coronary Heart Disease
- Stroke
- Congestive Heart Failure
- High Blood Pressure

Gastrointestinal SYSTEM
- Gastroesophageal Reflux Disease (GERD)
- Gall Bladder Disease

Psychological/Social EFFECTS
- Depression
- Increased Medical Costs
- Discrimination
- Low Self-Esteem
- Reduced Work Productivity

endocrine SYSTEM
- Type 2 Diabetes
- Insulin Resistance
- Dyslipidemia

MALIGNancies
- Breast Cancer
- Colon Cancer
- Esophageal Cancer
- Prostate Cancer
- Uterine Cancer

Compliments of: Massachusetts Medical Society Committee on Nutrition & Physical Activity

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