AN INVITATION
FROM YOUR PRESIDENT

Join us for the 2019 Annual Meeting in Boston

On behalf of the Massachusetts Medical Society, I hope you will consider joining us to explore the future of health care and the many ways in which our collaboration is both possible and imperative as we work toward creating a health care system that focuses on the patient.

We are honored to welcome Dr. John Noseworthy, President and CEO Emeritus of Mayo Clinic, who will deliver this year’s Shattuck Lecture as part of our Annual Education Program.

The weekend promises to be an incredible opportunity to hear from renowned experts, discuss critical policy affecting our patients and our profession, and enjoy the company and camaraderie of our peers.

There is no more important time than the present to consider the future of health care.

I look forward to seeing you there.

Alain A. Chaoui, MD, FAAFP
President
Massachusetts Medical Society

Events at a Glance

Thursday, May 2, 2019

6:30 a.m. Registration/Exhibits/Caucus Breakfats (start times vary)
9:00 a.m. House of Delegates Opening Session
10:00 a.m. Reference Committee Hearings
12:30 p.m. MMS Annual Awards Luncheon
3:00 p.m. The Nancy N. Caron Annual Member Art Exhibit and Silent Auction (open for viewing and bidding)
   Ethics Forum
5:00 p.m. MMS Talent Show Reception — Beyond the White Coat
5:30 p.m. MMS Talent Show — Beyond the White Coat
6:30 p.m. President’s Reception and The Nancy N. Caron Annual Member Art Exhibit and Silent Auction
7:00 p.m. International Medical Graduates Annual Reception and LGBTQ Networking Event

Friday, May 3, 2019

6:30 a.m. Registration Opens
8:00 a.m. Annual Educational Program and Shattuck Lecture
12:30 p.m. Networking Luncheon
6:00 p.m. Presidential Reception
6:30 p.m. Presidential Inauguration and Awards Dinner
9:00 p.m. Après Party

Saturday, May 4, 2019

6:30 a.m. Registration Opens/Caucus Breakfats (start times vary)
9:00 a.m. House of Delegates Second Session
10:00 a.m. Alliance Annual Meeting and Luncheon
12:30 p.m. Annual Meeting of the Society and 25th HOD Anniversary Luncheon
1:30 p.m. HOD Reconvenes (if necessary)
2:30 p.m. Committee on Nominations (immediately following the HOD)

Hotel Information

The deadline for overnight room reservations has now passed. If you have not made your reservation and need a hotel room, a limited number of rooms may be available for some of the dates. Please contact Laura Bombrun at lbombrun@mms.org or (781) 434-7007 for assistance.

Please visit the MMS website at massmed.org/annual2019/hotel for the most current overnight reimbursement guidelines for the MMS House of Delegates and additional information regarding updated hotel cancellation/early departure policies.
House of Delegates
Celebrating 25 Years

The House of Delegates, the Society's policymaking authority, will consider dozens of resolutions and reports of importance to physicians and the patients they serve. On May 2, reference committees will conduct concurrent hearings on resolutions and reports. To learn more about HOD meetings, please visit massmed.org/annual2019/hod.

Thursday, May 2, and Saturday, May 4, 9:00 a.m.
House of Delegates Important Dates and Deadlines

April 9, 2019 .......... If not previously opted in/Deadline to opt in for mailed/printed copy of Delegates’ Handbook
April 9, 2019 .......... Delegates’ Handbook available online
April 9, 2019 .......... Online testimony opens
April 11, 2019 .......... Delegates’ Handbook mails
April 18, 2019 .......... Deadline for late resolutions and reports — 5:00 p.m.

Online Testimony Spotlight

Online testimony will be open Tuesday, April 9. This is an easy and effective way to give your feedback on resolutions and reports for Annual Meeting. Be part of the discussion online, onsite, or both!

Become a Delegate….
Resolve to Get Involved!

MMS delegates participate in their districts and on a state level. Delegates are on the frontlines of creating new policy and directives for physician and patient advocacy, public health issues, health system reform, and countless other important topics.

If you have been an MMS member for at least one year and are interested in becoming a delegate, please contact houseofdelegates@mms.org.

District Medical Societies — Your Local Connection to the MMS

Your local district medical society (DMS) is your grassroots voice in organized medicine!

Many of the districts offer local opportunities to meet with colleagues at membership and caucus meetings and social events for you and your family. The districts are also involved in supporting their local communities by offering scholarships to local students to attend medical school as well as supporting local community groups. From local policymaking at the MMS House of Delegates, your DMS gives you a voice on legislative affairs, public health issues, health care finances, and much more!

Contact us at nero@mms.org to get involved in your DMS today; we’d love to hear from you.

Ethics Forum

Thursday, May 2, 3:00 p.m.

PROGRAM DESCRIPTION
Presented by the Committee on Ethics, Grievances, and Professional Standards, the Ethics Forum alerts physicians to the ethical implications of issues that arise in daily practice and offers information on issues at the intersection of ethics, medicine, and professionalism.

Join your colleagues on an MMS Committee — Apply Today

The Ethics Forum is just one example of MMS committees in action. You can get involved in shaping the future of the Society in all aspects. Opportunities abound, ranging from judicial and ethical to publications, history, and young physicians.

Please visit massmed.org/committees for more information.
RESTORING THE ART OF MEDICINE
The Power of Physician Wellness

IN-PERSON AND LIVE WEBCAST

Friday, May 3, 2019, 8:00 a.m.–1:00 p.m.
Seaport Hotel and World Trade Center
Boston

Register to attend: massmed.org/annual2019/register
**Annual Education Program**

**Restoring the Art of Medicine: The Power of Physician Wellness**

**Friday, May 3, 8:00 a.m. to noon**

**DESCRIPTION**

More than 50 percent of US physicians report significant symptoms of burnout, and evidence indicates that this public health crisis is growing quickly. Join the Massachusetts Medical Society and our distinguished faculty as we address the issues and challenges around physician burnout and discuss ways by which we can restore physician wellness and the joy of practice at our 2019 MMS Annual Education Program. Woven through the program, playwright Michael Milligan will perform a multi-layered perspective on a physician in crisis.

**FACULTY**

- **Alain Chaoui, MD, FAAP**
  President, Massachusetts Medical Society

- **Michael Milligan**
  Playwright and Performer, Poor Box Theater

- **Marie T. Brown, MD, MACP**
  Senior Physician Advisor, Physician Satisfaction and Practice Sustainability Group, American Medical Association

- **Humayun J. Chaudhry, DO, SM, MACP**
  President and CEO, Federation of State Medical Boards

- **Michelle A. Williams, SM, ScD**
  Dean of the Faculty, Harvard T.H. Chan School of Public Health

- **Tait Shanafelt, MD**
  Chief Wellness Officer, Stanford Medicine, Director, WellMD Center

- **Stephen J. Swensen, MD, MMM**
  Professor Emeritus, Mayo Clinic College of Medicine, Senior Fellow, Institute of Healthcare Improvement, Theme Leader, NEJM Catalyst

**OBJECTIVES**

After participating in this activity, you should be able to:

- Identify professional, institutional, and systemic factors that contribute to physician burnout and the potential consequences to patient care
- Develop and implement strategies for professional, institutional, and systemic reforms to mitigate physician burnout
- Describe ways in which the Federation of State Medical Boards and the State Medical Boards are addressing physician burnout, improving wellness, and reducing the stigma of accessing mental health care

**Accreditation Statement**

The Massachusetts Medical Society is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**AMA Credit Designation Statement**

The Massachusetts Medical Society designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for the Massachusetts Board of Registration in Medicine for risk management study. Actual AMA PRA Category 1 Credits™ awarded will depend on duration of the activity and may be adjusted accordingly.

**Networking Luncheon — Friday, May 3, 12:30 to 2:00 p.m.**

Join your colleagues for an informal networking luncheon in the Harborview Ballroom. Weather permitting, venture out to the ship deck-style Harborview Deck for views of the Boston Harbor and the lively Seaport District.

**Shattuck Lecture and Conversation**

**Future of Care: A Call to Collaboration**

**Friday, May 3, noon to 1:00 p.m.**

**DESCRIPTION**

The Shattuck Lecture is sponsored by the MMS Committee on Publications and the New England Journal of Medicine. Dating back to 1890, this annual lecture is to be presented by “some suitable person or persons, of historical or other essays on the climate of said commonwealth, on the diseases of its inhabitants, and on such other subjects as the said society or its government may select.”

Amid high anxiety about health care costs, a shifting health care landscape, and an epidemic of professional burnout, the future of care must focus on the patient. Clinicians and health care organizations must embrace patient-centered guiding principles including cross-sector teamwork to address an array of 21st-century challenges. A look into the profession’s history points to a contemporary path where providers develop rewarding careers while fulfilling a vocation of service that advances care for patients.

The 2019 Shattuck Lecture will focus on the future of care and will be delivered by John Noseworthy, MD, president and CEO emeritus of Mayo Clinic. Dr. Noseworthy served as president and CEO from 2009 to 2018, leading one of the largest not-for-profit, academic health systems in the United States, with $12 billion in annual revenues and 65,000 employees. Following the lecture, Jeffrey M. Drazen, MD, editor-in-chief, New England Journal of Medicine, will engage in a discussion with Dr. Noseworthy.

**MODERATOR AND LECTURER**

- **Jeffrey M. Drazen, MD**
  Editor-in-Chief, New England Journal of Medicine

- **John H. Noseworthy, MD**
  President and CEO Emeritus, Mayo Clinic

**OBJECTIVES**

After participating in this activity, you should be able to:

- Apply patient-centered guiding principles, including cross-section teamwork that will advance patient care in today’s challenging health care environment

- Catalyze a sense of calm and hope within the audience

**Networking Luncheon — Friday, May 3, 12:30 to 2:00 p.m.**

Join your colleagues for an informal networking luncheon in the Harborview Ballroom. Weather permitting, venture out to the ship deck-style Harborview Deck for views of the Boston Harbor and the lively Seaport District.
MMS Talent Show — Beyond the White Coat
Thursday, May 2, 5:00 p.m.
(Reception opens at 5:00 p.m.; show begins at 5:30 p.m.)
The Massachusetts Medical Society is comprised of some of the brightest and most talented physicians in the world, but medicine is not the only talent among our ranks. Join us for a brief reception prior to the show, which starts at 5:30, visit with colleagues, and enjoy the talents of MMS members while they perform for you.

International Medical Graduates (IMG) Section Annual Reception and LGBTQ Networking Event
Global Views on LGBTQ Acceptance and Respective Impact on Health
Sponsored by the International Medical Graduates Section and Committee on LGBTQ Matters
Thursday, May 2, 7:00 p.m.
Join the IMG Section and the Committee on LGBTQ Matters for this important and informative event. A networking event will follow the program. All are invited to attend.
Speaker: Suha Ballout, PhD, RN, assistant professor, Department of Nursing, UMass Boston

Alliance Annual Meeting
Lunch, Officer Installation, and Program
Saturday, May 4, 10:00 a.m., Seaport Hotel, Boston
The Massachusetts Medical Society Alliance (MMSA), an organization of physicians’ spouses, domestic partners, physicians, physicians-in-training, and friends committed to advancing the health and well-being of the family of medicine, will hold its Annual Meeting and Installation of Officers from 10:00 to 11:30 a.m. on Saturday.
A lunch and special address from incoming MMS President Maryanne Bombaugh, MD, will take place at 11:45 a.m., followed by a guest speaker beginning at 12:30 p.m.

Alliance Mission
The Massachusetts Medical Society Alliance is a dynamic organization of physicians’ spouses, physicians, and friends committed to advancing the health and well-being of the family of medicine. The Alliance, in partnership with the Massachusetts Medical Society, educates and promotes good health among the citizens of the Commonwealth of Massachusetts.
President’s Reception and the Nancy N. Caron Annual Member Art Exhibit and Silent Auction

Sponsored by the Arts, History, Humanism, and Culture Member Interest Network and the MMS & Alliance Charitable Foundation.

Thursday, May 2, 6:30 to 8:00 p.m.
(Art exhibit and silent auction opens at 3:00 p.m.; reception begins at 6:30 p.m.)

Enjoy the creative and artistic talents of MMS members and their families at The Nancy N. Caron Annual Member Art Exhibit and Silent Auction, which supports the MMS and Alliance Charitable Foundation through funds raised by the silent auction.

MMS Annual Awards Luncheon

Thursday, May 2, 12:30 p.m.

Massachusetts physicians make valuable contributions to their patients and communities, whether as medical students preparing for a career in medicine or as practicing/retired physicians. This Awards Luncheon acknowledges and honors physicians and community advocates for their outstanding achievements. Awards presented at this luncheon include the Henry Ingersoll Bowditch Award for Excellence in Public Health, the Grant V. Rodkey Award for Outstanding Contributions to Medical Education, the Special Award for Excellence in Medical Service, and MMS Committee Chair Service Awards. To read about all the awards offered by the MMS, please visit massmed.org/awards.

Presidential Inauguration and Awards Reception and Dinner

Friday, May 3, 6:00 to 9:00 p.m. (Dancing from 9:00 to 11:00 p.m.)

Join MMS leadership, your fellow colleagues, award winners, and invited guests for an evening of camaraderie, fine dining, and dancing at the Presidential Inauguration and Awards Reception and Dinner. A cocktail reception starts off the evening, followed by the Presidential Inauguration and the annual presentation of the most prestigious MMS awards.

Cap off the night with music and dancing as we bid farewell to outgoing MMS President Alain Chaoui, MD, FAAFP, and welcome incoming MMS President Maryanne C. Bombaugh, MD, MSc, MBA, FACOG.

Maryanne Bombaugh, MD, MSc, MBA, FACOG, president-elect, (left) and Alain Chaoui, MD, FAAFP, president (right)
Save time! Register online at massmed.org/annual2019/register.

STAY CONNECTED with the MMS

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#MassMedicalSociety